

HILLSVIEW

Active Living Centre

50+ Senior Centre in Acton & Georgetown

November/December 2026, January 2027



www.haltonhills.ca/50plus

Hillview Acton

415 Queen St. East (Hwy 7)
Acton, ON L7J 2N2
Tel: 519-853-5951

Hillview Georgetown

318 Guelph St. Unit #9
Georgetown, ON L7G 4B5
Tel: 905-877-6444

Hours of Operation Monday to Friday, 9 am to 4pm



Closures: December 24–January 4

SENIOR LIVING *reimagined*



At Amica, life is anything but ordinary. Indulge in

premium amenities and inspired cuisine crafted by Red Seal chefs. Explore passions new and old through enriching programs designed to spark joy. And do it all with the confidence that flexible, professional care is always within reach. This is senior living that inspires — every day, in every way.

Visit us in the heart of Georgetown and experience the difference firsthand with a personalized residence tour.



Dining That Delights
Enriching Activities
Care That Evolves With You

224 MAPLE AVENUE
AMICA.CA/GEORGETOWN

Rental Information

For Hillview 50+ Seniors Active Living Centres

Georgetown: Lounge & Kitchen

525 sq. ft., up to 20 people

Features ample room featuring our café tables and chairs large counter space with access to full kitchen including two ovens, a stovetop, microwave, dishwasher and fridge access. Renter must bring food supplies. Ideal for business meetings or social event.

Amenities: Full Kitchen

Georgetown: Visual Arts Room

800 sq. ft., up to 71 people

Carpeted cozy room ideal for meetings, small showers, celebration of life or even a church service.

Amenities: Accessible, A/V equipment

Georgetown: Recreation Room

800 sq. ft., up to 71 people

Ideal meeting space or overflow space for the larger party celebration.

Amenities: Accessible, A/V equipment, Partition

Georgetown: Auditorium

1,340 sq. ft., up to 126 people

Ideal for showers, weddings, birthday parties or even a community event or AGM. Hall is equipped with sound system and microphone and projector screen. Amenities: Accessible, A/V equipment, Partition

Acton: Community Hall

2,960 sq. ft., up to 250 people

Perfect for large gatherings with up to 250 guests. Room partition allows for dividing the space for smaller events. Access to full kitchen for food preparation or catering. Room is located on main level for barrier-free access. Generous amount of free parking located close to entrance.

Amenities: Accessible, Full Kitchen, Bar, A/V equipment, Partition

For rental inquiries or information call Amy 905-873-2600 ext. 2257.

2 hour minimum rental. Extra fees apply for non-local commercial rates.

Hall	Hourly Fee Range
Lounge & Kitchen	\$28-44 /hr
Visual Arts/ Recreation	\$41-66 /hr
Auditorium/ Community Hall	\$77-123 /hr

Special feature: Table linens, dishes, cutlery & coffee machines available for rent. Please note that confetti, sparklers, open flame and balloons are not permitted at these venues.



Visual Arts Room



Auditorium



Community Hall



Jones Funeral Home

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Georgetown, ON

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Staff and Volunteers

2026/27 Acton Board of Directors



Top Row: Joyce Farmer, Director; Mark Spill, Director; Janine Vickers, Treasurer; Julie Pauletig, Vice President.

Bottom Row: Susan Seads, Secretary; Beth Wingfield, Director; Mary McGregor, President; Dora Jeffries, Past President.

Absent: Darryl Campbell, Director
Council Liaison:

2026/27 Georgetown Board of Directors



Back row: Joy Courey-Director; Darlene Huntley-Director; Bob Inglis-Council Liaison; Mark Northeast-Director; Terry McLean-Director; Brenda Marsh-Director; Bobbi Szlachta-Past-President

Front row: Gigi Que-Treasurer; Wendy Cotton-Vice President; Deb Smith-President; Kyra Kristensen-Irvine-Secretary.



Left to Right: Michelle Durham, Recreation Supervisor; Matas Boulton, Recreation Programmer



Left to Right: Kyrstin Barkley, Active Living Coordinator; Sandy Rahn, Recreation Programmer; Kaitlan McDonald, Active Living Programmer



Front: Cindy Bodrug, Recreation Programmer
Back: Kathleen Dennis, Volunteer Coordinator; Heather Beaumont, Recreation Supervisor; Kim Hammond, Recreation Programmer

Special thank you to:



Links2Wellbeing
social prescribing for older adults

President's Message Acton

November, December, and January, we enter a very special time of year—a time to remember, to celebrate, to give thanks, and to look forward to new beginnings.

November reminds us to pause and remember those who have served and sacrificed for our country. It is also a wonderful time to appreciate the friendships and companionship we have found here at Hillsview Senior Centre. The smiles, conversations, laughter, and support we share with one another are what makes our centre feel like more than just a place to meet—it truly feels like a community.

December brings the warmth and spirit of the holiday season. Whether you celebrate Christmas or simply enjoy this time of year with family and friends, I hope you find plenty of reasons to smile. Let us continue to look out for one another and remember that a friendly visit, a phone call, or a kind word can mean so much.

January, we turn the page and welcome a new year. I hope the year ahead brings each of you good health, happiness, peace, and many opportunities to enjoy the people and activities that bring you joy.

I want to personally thank each and every one of you for being part of Hillsview Senior Centre. Thank you to our volunteers, our members, and everyone who helps make our centre such a warm and welcoming place. It is your friendship, enthusiasm, and kindness that make Hillsview so special.

May the coming months be filled with good memories, laughter, friendship, and plenty of moments to cherish.

From my family to yours, I wish you a wonderful holiday season and a very happy, healthy, and peaceful New Year.

Warmest wishes

Mary McGregor

President, Hillsview Acton Board of Directors

President's Message Georgetown

As we reflect on 2026, it has been a year of growth and achievement at Hillsview. New presentations and programs were introduced, our kitchen renovation was completed, and a new shuttle bus service was launched to help address parking challenges.

If you have not tried the new shuttle bus yet, please contact staff for details.

A sincere thank you to our convenors and volunteers whose dedication, time and energy make Hillsview the welcoming community we all enjoy.

Members are always welcome to attend Board meetings. Board succession remains important, and there are ongoing opportunities for members to become involved and serve on the Board of Directors. To connect with a Board member, check the whiteboard beside the sign-in screen, which identifies the Board member on site.

‘Coming together is a beginning. Keeping together is progress. Working together is success.’
Henry Ford

On behalf of the Board of Directors, thank you for helping make 2026 another successful year at Hillsview.

Deborah (Debbie) Smith
President, Hillsview Board of Directors

Mark it on your calendars, our Annual General Meetings are coming soon.

Acton: Tuesday, March 30th 2027 at 1:30pm

Georgetown: Thursday, April 1st, 2027 at 1:00pm

Have a question/concern or issue you would like to bring forward? Please send the details in writing to the secretary of the Board of Directors at least **60 days before the AGM** or special meeting.

Hillsview Acton Board Positions to be announced.

Hillsview Georgetown will have 4 Board of Director positions available for nomination. Please Speak to Bobbi Szlachta or Kathleen McClement

Weekly Drop in Programs–Acton

All programs subject to change

Day	Activity	Room	Time	Fee
Monday	Cribbage	H/W	10:00am-12:30pm	\$1.00
	Darts	Hall C	10:00am-12:00pm	\$1.00
	Kings Corner	H/W	1:00pm-3:00pm	\$1.00
	Book Club (Last Monday of the month)	Lounge	1:00pm-2:00pm	\$1.00
	LifeMark Exercise 1-877-696-1620	M/P	1:00pm-4:00pm	Free
	Shuffleboard (Cancel Jan - Mar, starts Apr 5)	Full Hall	4:15pm-6:00pm	\$1.00
Tuesday	Movie Matinee (Select Tuesdays)	Hall AB	10:00am -12:00pm	\$1.00
	Hearing Clinic (3rd Tuesday)	H/W	10:00am-12:00pm	n/a
	Mexican Train Dominoes	H/W	10:00am-12:00pm	\$1.00
	Ladies' Breakfast (Select Tuesdays)	Hall AB	9:30am -10:30am	\$10.00
	Men's Breakfast (Last Tuesday)	Hall AB	9:30am-10:30am	\$10.00
	Mah Jongg	H/W	1:00pm-3:00pm	\$1.00
	Trivia (Last Tuesday)	Hall	1:00pm - 3:00pm	\$2.00
Wednesday	Reiki and Reflexology (Select Wed)	M/P	10:00am-2:00pm	\$15/\$20
	Coffee Connections	H/W	10:00am-12:00pm	\$2.00
	Lunch	Hall A	12:00pm-1:00pm	\$8.00
	Bid Euchre	Hall B	12:00pm-3:30pm	\$1.00
	Who Done It	H/W	1:00pm-2:30pm	\$1.00
	Art Group (bring your art to work on)	Hall A	1:30pm-3:00pm	\$1.00
	Carpet Bowling	Hall C	1:00pm-3:00pm	\$1.00
Thursday	Euchre	H/W	10:00am-12:30pm	\$1.00
	Cribbage	Hall B	9:30am-12:30pm	\$1.00
	Food For Life	Lounge	10:30am & 1:30pm	Free
	Diamond Dots	Hall A	10:00am-12:00pm	\$1.00
	Gab and Stitch	Hall A	10:00am-12:00pm	\$1.00
	Canasta	H/W	1:00pm-3:30pm	\$1.00
	Social Line Dancing	Full Hall	2:00pm-3:30pm	\$1.00
Friday	Lunch	Full Hall	12:00pm-1:00pm	\$8.00
	Therapy Dog Visit (2nd Friday)	Lounge	11:00am-12:00pm	Free
	Bingo	Full Hall	1:00pm-3:00pm	\$5.00
	LifeMark Exercise 1-877-696-1620	M/P	1:00pm-4:00pm	Free
	Food For Life	Lounge	2:00pm	Free
Saturday /Sunday	Bingo (2nd Saturday)	Full Hall	2:00pm-4:00pm	\$20/\$30
	Euchre Tournament (Select Weekends)	Full Hall	12:00pm-4:00pm	\$15.00

Weekly Drop-in Programs-Georgetown (subject to change)

Day	Activity	Room	Time	Fee
Monday	Woodcarving	HALL	9:00am	\$2.00
	Bridge	LIB	9:00am	\$2.00
	Friendship HUB	BR	9:00am	Donation
	Reiki (1st and 3rd Monday)	HW	Appointment	\$2.00 +exchange
	Bid Euchre	VAR	1:00pm	\$2.00
	Mah Jong	LIB	1:00pm	\$2.00
	BINGO -1st & 3rd Monday of month	AUD	1:00pm	\$6.00 (unlimited)
	Evening Darts	GR	5:00pm	\$2.00 M / \$4.00 NM
	Cribbage	VAR	6:30pm	\$2.00 M / \$4.00 NM
Tuesday	Everything Crafts	RR	9:00am	Donation
	Joyful Sounds (Singing Group)	VA	9:30am	\$2.00
	Food For Life	LS	10:00am	Free
	Book Club (Last Tuesday)	LIB	10:00am	\$2.00
	Ping Pong/Table Tennis	GR	11:00am	\$2.00
	Scrapbooking/Diamond Dots	RR	12:30pm	\$2.00
	Bid Euchre	VAR	6:30pm	\$2.00 M / \$4.00 NM
Wednesday	Pause Café	BR	10:00am	\$2.00
	Mingle & Chat	VAR	10:00am	\$2.00
	Darts	GR	10:00am	\$2.00
	Camera Club (Last Wednesday)	LIB	10:00am	\$2.00
	Rug Hooking	LS	10:00am	\$2.00
	Euchre	AUD	1:00pm	\$2.00
	Art Group	VAR	1:00pm	\$2.00
	Computer Club	BR	1:00pm	\$2.00
	Mah Jong	LIB	12:30pm	\$2.00
	Drop in Tai Chi	AUD	5:00-7:00pm	\$2.00 M / \$4.00 NM
	Foot Clinic (3rd Wednesday of month)	BR	416-518-1459	Fee Applies
Thursday	Band Practice (9:00 set up, 10:00 practice)	VAR	9:00am	\$2.00
	Mah Jong	LIB	9:30am	\$2.00
	Food for Life	HALL	10:00am	Free
	Lifemark (call 1-877-696-1620)	RR	12:30pm	N/C (pre-register)
	Darts	GR	1:00pm	\$2.00
	Cribbage	VAR	1:00pm	\$2.00
	Bid Euchre	VAR	6:30pm	\$2.00 M / \$4.00 NM
Friday	Carpet Bowling	AUD	9:30am	\$2.00
	Everything Crafts	LIB	9:00am	Donation
	LifeMark (call 1-877-696-1620)	GR	9:00am	N/C (pre-register)
	Drop-In Tai Chi	RR/LS	9:00am	\$2.00
	Genealogy	BR	10:00am	\$2.00
	Chess	GR	12:00pm	\$2.00
	Duplicate Bridge	AUD	12:30pm	\$2.00
	Reflexology (2nd & 4th Friday each month)	HW	12:00-3:00pm	\$2.00 + exchange
	Hearing Clinic (1st Friday each month)	BR	Appointment	Free
Monday to Friday	Travel Desk	HALL	9:00am-1:00pm	TBD
	Billiards	GR	Drop in	\$2.00
Saturday	Bingo (1x per month-Large Jackpot)	AUD	1:00pm-3:00pm	

November 2026

Program	Dates	Location	Time	Page
Konzelmann Wine Fundraiser	Monday, Nov 2 – Nov 30	Acton	Order Online	pg 22
Penny Table & Ticket Tree	Mon, Nov 2 – Sat, Nov 28	Acton		pg 13
Monday BINGO	Monday, November 2	Georgetown	1:00pm–3:00pm	pg 8
Reiki	Monday, November 2	Georgetown	Book Appointment	pg 20
Fundraiser: 2027 Membership Draw	Monday, Nov. 2–Dec. 10	Georgetown	9:00am–3:30pm	pg 22
Water Colour Art Class	Tuesday, Nov 3–Nov 17	Georgetown	9:30am–waitlisted	n/a
Flu Shot Clinic	Tuesday, November 3	Acton	Book Appointment	
Birthday Tea	Tuesday, November 3	Acton	1:30pm – 3:00pm	By Invite
Flu Clinic	Thursday, November 5	Georgetown	Sign up reception	
Bus Trip: Jonas & Barry in the House	Thursday, November 5	BOTH	Sold out	pg 23
Links2Care Meal Program	Friday, November 6	Georgetown	12:00noon	pg 14
FREE Hearing Clinic	Friday, November 6	Georgetown	Book Appointment	pg 8
Saturday BINGO	Saturday, November 7	Georgetown	1:00pm–3:00pm	pg 24
Bid Euchre Tournament	Sunday, November 8	Acton	12:00pm – 5:00pm	pg 22
Build Better Balance	Monday, November 9	Acton	11:30am – 12:30pm	pg 17
Rapid Transportation Talk	Monday, November 9	Georgetown	1:00pm–2:30pm	pg 19
Terra Cotta Cookie Fundraiser	Monday, Nov. 9 – Nov. 29	Georgetown	Order at Reception	pg 22
Ladies Breakfast	Tuesday, November 10	Acton	9:30am – 11:00am	pg 14
Memory and Aging Lunch & Learn	Tuesday, November 10	Acton	12:30pm – 2:30pm	pg 17
Cards with Brenda	Tuesday, November 10	Georgetown	1:00pm–3:30pm	pg 21
Holiday Ornament Decorating	Thursday, November 12	Acton	10:00am – 12:00pm	pg 16
Book a Librarian	Thursday, November 12	Georgetown	1:00pm–3:30pm	pg 27
CMHA Counselling	Thursday, November 12	Georgetown	Book Appointment	pg 23
Flu Clinic	Thursday, November 12	Georgetown	Book Appointment	
The Savvy User's Guide AI Basics	Friday, November 13	Georgetown	1:00pm–3:00pm	pg 19
Holiday Decorating	Friday, November 13	Georgetown	10:00am–1:00pm	pg 15
Reflexology	Friday, November 13	Georgetown	Book Appointment	pg 20
Bid Euchre Tournament	Saturday, November 14	Georgetown	1:00pm–3:00pm	pg 22
Saturday Bingo	Saturday, November 14	Acton	2:00pm – 4:00pm	pg 24
Reiki	Monday, November 16	Georgetown	Book Appointment	pg 20
Fitness Registration Drop off Starts	Monday, November 16	BOTH	9:00am	pg 35

NOVEMBER Continued

Program	Dates	Location	Time	Page
Parkinson's Support Group	Monday, November 16	Acton	10:30am - 12:00pm	pg 29
BINGO Pre-Order LUNCH	Monday, November 16	Georgetown	12:00noon	pg 14
Monday BINGO	Monday, November 16	Georgetown	1:00pm-3:00pm	pg 8
Tuesday Movie - Practical Magic 2	Tuesday, November 17	Acton	10:00am - 12:00pm	pg 21
Christmas Cookie Decorating	Tuesday, November 17	Acton	1:00pm - 3:00pm	pg 15
Wellness: Bone Health & Arthritis	Tuesday, November 17	Georgetown	2:15pm-3:30pm	pg 17
Social Dinner & Dance	Tuesday, November 17	Acton	6:00pm - 9:00pm	pg 14
Reiki/Reflexology	Wednesday, November 18	Acton	10:00am - 3:00pm	pg 20
Pearl Painting Holiday Canvas Art	Thursday, November 19	Acton	10:00am - 12:00pm	pg 16
Flu Shot Clinic	Friday, November 20	Acton	Book Appointment	
CMHA Counselling	Friday, November 20	Acton	By Appointment	pg 23
Halton Housing Help Presentation	Friday, November 20	Georgetown	1:00pm-3:00pm	pg 19
Santa Parade (Hillsview Float)	Saturday, November 21	Georgetown	decorate at 2:00pm	
Personal Emergency Preparedness	Monday, November 23	Georgetown	1:30pm-3:00pm	pg 20
Men's Breakfast	Tuesday, November 24	Acton	9:30am - 11:00am	pg 14
Trivia	Tuesday, November 24	Acton	1:00pm - 3:00pm	pg 21
Men's & Women's Breakfast	Wednesday, November 25	Georgetown	9:00am	pg 14
Georgetown drop-in CANCELLATION	Friday, November 27	Georgetown	12:00noon-3:00pm	pg 13
Reflexology	Wednesday, November 25	Acton	10:00am - 3:00pm	pg 20
Card Making	Wednesday, November 25	Acton	1:00pm - 3:30pm	pg 21
Reflexology	Friday, November 27	Georgetown	Book Appointment	pg 20
Christmas Bazaar & Tea Room	Saturday, November 28	Acton	9:00am - 2:00pm	pg 13
Georgetown Christmas BAZAAR	Saturday, November 28	Georgetown	9:00am-2:00pm	pg 13
World Food Tour - Brazil	Monday, November 30	Acton	10:30am - 12:00pm	pg 14
It's NOT Right Lunch & Learn	Monday, November 30	Georgetown	12:30-3:00pm	pg 17

**Be the difference –
VOLUNTEER!**

Meet the needs of the community,
meet a friend! Volunteering is
rewarding for everyone. Visit your
local centre to learn more!

HILLSVIEW
Active Living Centre



**Georgetown
ONLY**

December 2026

Program	Dates	Location	Time	Page
Active Living Registration Day	Tuesday, December 1	BOTH	ONLINE 7:00am	pg 35
Christmas/Holiday Lunch	Tuesday, December 1	Acton	12:00pm – 1:30pm	pg 15
Reflexology	Wednesday, December 2	Acton	10:00am – 3:00pm	pg 20
Diamond Dot Holiday Cards	Thursday, December 3	Acton	10:00am – 12:00pm	pg 16
Book a Librarian	Thursday, December 3	Georgetown	1:00pm–3:30pm	pg 27
ActiVan Christmas Light Tour	Thursday, December 3	Georgetown	6:30pm pick up	pg 15
FREE Hearing Clinic	Friday, December 4	Georgetown	Book Appointment	pg 8
Bus Trip: Sounds of Chirstmas	Friday, December 4	BOTH	Sold Out	pg 23
Saturday BINGO	Saturday, December 5	Georgetown	1:00pm–3:00pm	pg 24
Monday BINGO	Monday, December 7	Georgetown	1:00pm–3:00pm	pg 8
Reiki	Monday, December 7	Georgetown	Book Appointment	pg 20
Wellness: Chakra Workshop	Tuesday, December 8	Georgetown	10:00am–11:30am	pg 18
Christmas/Holiday Lunch	Tuesday, December 8	Acton	12:00pm – 1:30pm	pg 15
Christmas Luncheon #1	Tuesday, December 9	Georgetown	12:00 noon	pg 15
Christmas Luncheon #2	Wednesday, December 10	Georgetown	12:00 noon	pg 15
Brain Health Kits	Wednesday, December 9	Acton	1:00pm – 3:00pm	pg 17
ActiVan Christmas Light Tour	Wednesday, December 10	Georgetown	6:30pm pick up	pg 15
Chocolate Confection	Friday, December 11	Georgetown	1:00pm–3:30pm	pg 15
Reflexology	Friday, December 11	Georgetown	Book Appointment	pg 20
Christmas Dinner At The Legion	Friday, December 11	Acton	6:00pm – 11:00pm	pg 16
Saturday Bingo	Saturday, December 12	Acton	2:00pm – 4:00pm	pg 24
Christmas Arrangement	Monday, December 14	Georgetown	1:00pm–3:30pm	pg 16
Terra Cotta Cookie Pick up	Monday, December 14	Georgetown	12:00pm–3:00pm	pg 22
Ladies Breakfast	Tuesday, December 15	Acton	9:30am – 11:00am	pg 14
Secret Santa	Tuesday, December 15	Acton	1:00pm – 3:00pm	pg 16
Secret Santa FUN	Tuesday, December 15	Georgetown	1:00pm–3:00pm	pg 15
Men's & Women's Breakfast	Wednesday, December 16	Georgetown	9:00am	pg 14
Reiki/Reflexology	Wednesday, December 16	Acton	10:00am – 3:00pm	pg 20
CMHA Counselling	Thursday, December 17	Georgetown	Book Appointment	pg 23
Name that Tune	Thursday, December 17	Georgetown	1:30pm–3:00pm	pg 21
CMHA Counselling	Friday, December 18	Acton	Book Appointment	pg 23
Swiss Chalet Pre Order LUNCH	Monday, December 21	Georgetown	12:00 noon	pg 14
Reiki	Monday, December 21	Georgetown	Book Appointment	pg 24

December 2026 Continued

Program	Dates	Location	Time	Page
Parkinson's Support Group	Monday, December 21	Acton	10:30am - 12:00pm	pg 29
Monday BINGO	Monday, December 21	Georgetown	1:00pm-3:00pm	
Christmas/Holiday Lunch	Tuesday, December 22	Acton	12:00pm - 1:30pm	pg 15
HOLIDAY CLOSURE	Thurs. Dec. 24 - Fri Jan. 1	BOTH	Opening January 4	

January 2027

Program	Dates	Location	Time	Page
Reiki	Monday, January 4	Georgetown	Book Appointment	pg 20
Monday BINGO	Monday, January 4	Georgetown	1:00pm-3:00pm	pg 8
Reflexology	Friday, January 8	Georgetown	Book Appointment	pg 20
FREE Hearing Clinic	Friday, January 8	Georgetown	Book Appointment	pg 8
Archeology Presentation	Monday, January 11	Acton	11:00am - 12:00pm	pg 19
Alzheimer Society: Sleep & the Brain	Monday, January 11	Georgetown	1:30pm-3:00pm	pg 18
Ladies Breakfast	Tuesday, January 12	Acton	9:30am - 11:00am	pg 14
Jimmy's Old Time Radio	Tuesday, January 12	Acton	1:00pm - 3:00pm	pg 21
CMHA Counselling	Thursday, January 14	Georgetown	Book Appointment	pg 23
Book a Librarian	Thursday, January 14	Georgetown	1:30pm-3:00pm	pg 27
CMHA Counselling	Friday, January 15	Acton	By Appointment	pg 23
Protect Your Devices Workshop	Friday, January 15	Georgetown	1:00pm-3:00pm	pg 19
Saturday BINGO	Saturday, January 16	Georgetown	1:00pm-3:00pm	pg 24
Parkinson's Support Group	Monday, January 18	Acton	10:30am - 12:00pm	pg 29
Reiki	Monday, January 18	Georgetown	Book Appointment	pg 20
Pre Order Lunch & Monday BINGO	Monday, January 18	Georgetown	1:00pm-3:00pm	pg 14/8
Colour Analysis Workshop	Tuesday, January 19	Georgetown	9:30am-11:00am	pg 20
Tuesday Movie - Disclosure Day	Tuesday, January 19	Acton	10:00am - 12:00pm	pg 21
Mocktail Mixology Workshop	Tuesday, January 19	Acton	1:00pm - 3:00pm	pg 20
Social Dinner	Tuesday, January 19	Acton	6:00pm - 9:00pm	pg 14
Reiki / Reflexology	Wednesday, January 20	Acton	10:00am - 3:00pm	pg 20
Legal Talk: Wills & Power of Attorney	Friday, January 22	Georgetown	1:00pm-2:30pm	pg 19
Reflexology	Friday, January 22	Georgetown	Book Appointment	pg 20
World Food Tour - Italy	Monday, January 25	Acton	10:30am - 12:00pm	pg 14
Healthy Aging: The Pillars of Wellness	Monday, January 25	Georgetown	1:30pm-3:00pm	pg 18
Men's Breakfast	Tuesday, January 26	Acton	9:30am - 11:00am	pg 14
Trivia	Tuesday, January 26	Acton	1:00pm - 3:00pm	pg 21
Wellness: Sleep Strategies	Tuesday, January 26	Georgetown	2:30pm-3:45pm	pg 18
Men's & Women's Breakfast	Wednesday, January 27	Georgetown	9:00am	pg 14
Gnome Fabric Poke Art	Thursday, January 28	Acton	10:00am - 12:00pm	pg 21

Hillsvie Active Living Centre-Georgetown Christmas Bazaar

Saturday, November 28th | 9:00 am-2:00 pm

Get into the holiday spirit! Drop by for handcrafted items, a variety of vendors, a 50/50 draw, penny table, Tea Room, and so much more. Loads of gift-giving ideas while supporting Hillsvie Active Living Centre-Georgetown.

Everyone welcome.

**Please Note: All drop in program will be cancelled
Friday, November 27th from 12:00noon-4:00pm**

Christmas BAZAAR

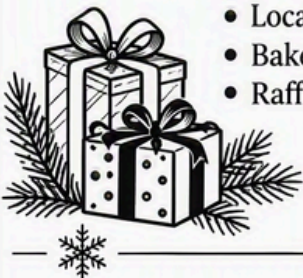
Saturday, November 28, 2026

9:00 a.m. - 2:00 p.m.

Arena Community Hall, Acton

Festive Shopping & Activities

- Local Vendors
- Bake Table
- Raffles
- Puzzles
- Christmas Décor
- Kids' Activities
- and more!



Seated Lunch Tickets

Adults: \$15 | Children: \$8

On sale starting October 14

*Join us for a festive day of shopping,
good food, and holiday cheer!*

Fun Food Events

Ladies Breakfast-Acton

Tuesday, November 10th at 9:30am

\$10.00 members \$13.00 non-members, Tickets on sale October 13th , Cut off: November 6th
Menu: Pancake, Peameal Bacon, and Yogurt with Coffee, Tea and Juice
Presentation: TBD

Tuesday, December 15th at 9:30am

\$10.00 members \$13.00 non-members, Tickets on sale November 10th, Cut off: December 11th
Menu: Christmas Casserole, Bacon, Yogurt, with Coffee, Tea and Juice
Presentation: TBD

Tuesday, January 12th at 9:30am

\$10.00 members \$13.00 non-members, Tickets on sale December 15th , Cut off: January 8th
Menu: Frittata, Sausage, Strudel, Coffee, Tea & Juice
Presentation: Acton Food Share

Men's Breakfast-Acton

Tuesday, November 24th at 9:30am

\$10.00 members \$13.00 non-members, Tickets on sale October 27th . Cut off: November 20th
Menu: Pancake, Peameal Bacon, and Yogurt with Coffee, Tea and Juice
Outing: TBD

Tuesday, January 26th at 9:30am

\$10.00 members \$13.00 non-members, Tickets on sale December 15th , Cut off: January 22nd
Menu: Frittata, Sausage, Strudel with Coffee, Tea and Juice
Outing: TBD

World Food Tour-Acton

Brazil - Brigadeiros

Monday, November 30th 10:30am - 12:00pm
\$2.00pp. Tickets on sale Oct 28th

Brigadeiros are rich chocolate truffles made with condensed milk, cocoa, and butter, then rolled in chocolate sprinkles.

Italy - Tiramisu Cups

Monday, January 25th. 10:30am - 12:00pm
\$2.00pp. Tickets on sale December 21st

Tiramisu is a layered coffee-soaked cake of ladyfingers with a creamy mascarpone filling and finish with a dusting of cocoa

Links2Care Meal Plan-Georgetown

Friday, November 6th, 12:00noon \$2.00 drop-in fee

Come meet Annika, and sample meals from the Links2Care Meal program. Sign up at Reception.

BINGO Day Pre-order Lunch Georgetown

Sign up and preorder lunch and then stay for BINGO. Nothing is more exciting then calling BINGO!

Monday, November 16th, 12:00 delivery

Order by Thursday, November 12th, \$13.00 members
Menu: Chicken Pot Pie (a'la carte) & beverage

Monday, December 21st, 12:00 delivery

Order by Thursday, December 17th, \$15.00 members
Menu: Harvey's Hamburger, Fries & beverage

Monday, January 18th, 12:00 delivery

Order by Thursday, January 14th, \$16.00 members
Menu: ½ Chicken Dark, fries and beverage

Social Dinners-Acton

Tuesday, November 17th at 6:00pm-9:00pm

\$25.00 per person.

Menu: Choice of glazed salmon or chicken, roast potatoes, garden salad and dessert
Entertainment: Elio

Tickets on sale Tuesday, October 27th
Cutoff: Tuesday, November 10th

Tuesday, January 19th at 6:00pm-9:00pm

\$25.00 per person.

Menu: Swiss Chalet ¼ chicken dinner with mashed potatoes, and dessert.
Entertainment: Elio

Tickets on sale Tuesday, December 15th
Cutoff: Tuesday, January 12th

Men's & Women's Breakfast Georgetown

Wednesday, November 25th at 9:00am

Wednesday, December 16th at 9:00am

Wednesday, January 27th at 9:00am

\$5.00 members/\$8.00 non-members

(The menu will be on the sign-up sheet)

Breakfast Proudly sponsored by: **Halton Audiometric**

Special Holiday Events

Holiday Decorating-Georgetown

Friday, November 13th, from 10:00am-1:00pm

Come use your decorating flair, and help Hillsview Georgetown look festive for the holiday season. Sign up at reception. Light refreshments will be served.

Christmas Cookie Decorating Acton

Tuesday, November 17th 1:00pm - 3:00pm

\$2.00pp, tickets on sale October 14

Have you ever wanted to decorate fancy cookies, but weren't sure where to begin? Here is your chance to try it out in a group setting, with step-by-step instructions and demonstrations by a professional baker, get ready to wow your friends and family with your cookie decorating skills!

This workshop is provided by Tammy from Tada Treats.

ActiVan Christmas Light Tour Georgetown

Thursday, December 3rd, 6:30pm-8:00pm and/or

Thursday, December 10th, 6:30pm-8:00pm

\$2.00 per person.

Hop aboard the ActiVan from Hillsview Georgetown for a magical evening tour through Halton Hills. See the twinkling holiday lights! Enjoy the festive sights. It's a cozy, heartwarming way to celebrate the season with friend. Maybe even sing some carols together along the way! Sign up at reception, space is limited.

Chocolate Confections-Georgetown

Friday, December 11th, 1:00pm-3:30pm

\$10.00 members/\$13.00 non-members

A chocolate making class in time for the holidays. Learn to create delicious chocolates. Maryse is back with her chocolate confectionaries, bringing delish chocolate making and a whole lot of FUN!

Space is limited, sign up at reception.

Christmas/Holiday Lunch-Acton

Tuesday, December 1st,

Tuesday, December 8th,

OR Tuesday, December 22nd

@ 12:00pm, FREE

Tickets available November 4th

Your Acton Board of Directors is sharing the joy of the holidays by subsidizing a fantastic lunch catered by Tanners.

Menu: Full Turkey Dinner and Dessert

Space is limited; Please only sign up for **ONE** of the dates.

Christmas/Holiday Luncheon Georgetown

Wednesday, December 9th, 12:00pm-1:30pm **or**

Thursday, December 10th, 12:00pm-1:30pm

\$5.00 members only, Please sign up for one lunch only.

Tis the Season to Celebrate! Come and enjoy a delicious full turkey dinner with all the fixings. To make this celebration even more festive, our wonderful Hillsview Band will fill the centre with holiday music and cheer!

This lunch is sponsored by **Halton Audiometric**, and dessert sponsored by **AMICA Georgetown and Mountainview Residence**. We are grateful for their continued support! Sign up at reception, space will be limited. Please sign up for **ONE** luncheon. NOTE all programming and active living classes will be cancelled for December 9th & 10th.

Secret Santa FUN-Georgetown

Tuesday, December 15th, 1:00pm-3:00pm

Join us at the Hillsview Georgetown for an afternoon filled with laughter, surprises, and festive fun!

Exchanging gifts is always a highlight of the holidays! An afternoon filled with camaraderie as we experience the surprise of opening gifts and the hysteries of having it stolen away. Delicious refreshments will be provided after the exchange FUN.

Gifts should be a minimum of \$15.00 value.

Sign up at reception.

Special Holiday Events

Holiday Ornament Decorating Acton

Thursday, November 12th @ 10:00am
\$2pp. Limited to 20 participants.
Tickets on sale Oct 22

Get into the holiday spirit by creating your own festive ornament to take home. Enjoy a fun and creative morning while adding a personalized decoration to your holiday collection.

Pearl Painting Holiday Canvas Art Acton

Thursday, November 19th @ 10:00am
\$5pp. Limited to 20 participants.
Tickets on sale Oct 29

Create a beautiful holiday-themed canvas using pearl painting techniques. This relaxing and creative workshop is suitable for all skill levels and results in a festive piece of artwork to display or gift.

Diamond Dots Holiday Cards-Acton

Thursday, December 3rd @ 10:00am
\$2pp. Limited to 20 participants.
Tickets on sale Nov 5

Design sparkling holiday cards using diamond dot art. Create unique handmade cards that are perfect for sharing warm holiday wishes with family and friends.

2027 Membership Gift Card-Both

This holiday season, give a gift that lasts all year. A Hillsvue 50+ Senior Centre membership provides opportunities to socialize, stay active, learn new things, and build meaningful connections.

Purchase a membership for a loved one at reception. Gift certificate and envelope included. Stop by today to give the gift of community.

Hillsvue membership fee remains at \$35.00 annually. What a great value, and great gift to give.

Christmas Dinner at the Legion Acton

Friday, December 11th at the Acton Legion
6:00pm–11:00pm
\$40.00 per person, Tickets on Sale November 4th
Cash Bar

Celebrate the holiday season with us at our annual Christmas Dinner and Dance at the Acton Legion. Enjoy a delicious full turkey dinner, followed by an evening of music and dancing with DJ Elio. Dessert is generously sponsored by Desjardins Insurance.

This festive event is one of the highlights of our social calendar, featuring a 50/50 draw, door prizes, and plenty of holiday cheer. Be sure to get your tickets early. You won't want to miss it!

Christmas Arrangement Georgetown

Monday, December 14th, 1:00pm–3:30pm
\$30.00 members / \$35.00 non-members

Get into the Holiday Spirit with a hands-on arrangement class led by Lil our talented florist from the Georgetown Horticultural Society! Create your own stunning holiday centrepiece to take home and enjoy throughout the season. All materials are provided. No experience needed, just bring your creativity and festive cheer!

Sign up at reception (space is limited).

Secret Santa-Acton

Tuesday, December 15th 1:00pm
Due to popularity, we must limit this event to 55 people. Sign up November 18th

Bring a new wrapped gift valued at \$15.00

Exchanging gifts is always a highlight of the holidays!

Come out for an afternoon of fun, laughter and wonderful camaraderie as we experience the surprise of opening gifts and the hysteries of having it stolen.

Fantastic, festive refreshments will be provided after the exchange.

Wellness Workshops

Build Better Balance–Acton

Monday, November 9th 11:30am – 12:30pm
Free, sign up starts October 9th

This talk will address the factors that contribute to balance challenges associated with aging, and the different systems in the body involved with balance. It will cover how to improve balance, techniques for fall prevention and maintaining independence.

This talk will also discuss building confidence and strength through targeted interventions and exercises. Presentation provided by Meryl DaCosta and Mariam Mikhail of Eramosa Physiotherapy Associates.



Memory, Forgetfulness and Aging Lunch and Learn–Acton

Tuesday, November 10th 12:30pm – 2:30pm
\$2.00pp. Tickets on sale October 8th.

Menu: Assorted Flatbread, garden salad and cake.

Join the Alzheimer Society for an informative session exploring memory and aging. Learn about normal age-related changes in memory, warning signs to be aware of, and when memory changes may be a cause for concern. We'll also discuss ways to support brain health and reduce the risk of dementia, as well as programs and services available through the Alzheimer Society.

Bone Health and Arthritis Georgetown

Tuesday, November 17th, 2:15pm–3:30pm
\$2.00 drop-in fee, sign up at reception

Worried about bone loss or staying active as you age? It's never too early–or too late–to support your bone health. Join Dr. Amali Firhoj, ND as she reviews simple daily habits, key nutrients (beyond just calcium!), and effective strength-building strategies to help you stay strong, mobile, and independent for years to come.

This seminar offers a practical, evidence-based review of bone health and osteoporosis prevention. Topics include bone metabolism, risk factors for bone loss, and the role of nutrition, lifestyle, and exercise in maintaining bone density, with a focus on long-term fracture prevention and functional health outcomes.

It's Not Right! Lunch & Learn Georgetown

Monday, November 30th, 12:30pm–3:00pm
\$2.00 drop-in fee

Join Halton Violence Prevention Council for an informative **Lunch & Learn** focused on elder abuse —what it is, how to recognize the warning signs, & how we can safely & effectively support older adults in our community.

We all have a shared responsibility to promote respect & safety for older adults. As a neighbour, friend, family member, or community member, you may be in a position to make a positive difference in the life of an older adult experiencing abuse.

This workshop will help you recognize the warning signs of elder abuse, understand how to respond safely & supportively, & learn about available resources.

For older adults who may be experiencing abuse, it can also provide information on how to break the isolation and access support.

Please sign up and pay at reception by:
Thursday, November 26th to confirm lunch numbers for the caterer.

Lunch is proudly catered and sponsored by:



Brain Health Kits–Acton

Wednesday, December 9th 1:00pm – 3:00pm
FREE – Sign up starts November 4th

Learn how simple activities can support brain health and create meaningful moments for individuals living with dementia or Alzheimer's disease. Participants will receive a Brain Health Activity Kit and Isabella, our Social Work Volunteer, will demonstrate how to use the materials and adapt activities for different needs.

Family members, care partners, and individuals living with dementia are welcome. Registration required. Space is limited.

Wellness Workshops

Wellness Workshop: Chakras Georgetown

Tuesday, December 8th, 10:00am–11:30am
\$2.00 drop-in fee, sign up at reception

Feed the Soul—An Introduction to Energy Healing.

What if, alongside caring for our physical body, we could also nurture our inner energy and sense of well-being?

Join us for a gentle and uplifting introduction to Energy Healing, where we'll explore the energy body and chakras through simple, accessible practices. You'll be guided through Prana breathing, gentle exercises, and a calming Meditation for Peace and Illumination, including a forgiveness practice to help release emotional heaviness and invite greater peace within.

No prior experience is needed. Come as you are—with an open mind, a comfortable breath, and a little time for yourself. Breathe. Release. Reconnect. Renew.

Healthy Aging: The Five Pillars of Wellness—Georgetown

Monday, January 25th, 1:30pm–3:30pm
\$2.00 drop-in fee, refreshments will be provided

Join TLC Nursing for this presentation. You will learn practical ways to support your overall health, independence, and quality of life as you age.

We will explore the importance of physical activity and mobility in maintaining strength, balance, and confidence. We will discuss how nutrition and healthy daily habits can support energy and overall well-being. You will also learn how mental stimulation, emotional well-being, and meaningful social connection contribute to healthy aging.

Most importantly, the session will provide simple, realistic strategies that participants can incorporate into their everyday lives to help them remain active, engaged, and independent. TLC Nursing will be providing refreshments.
Sign up at Reception

Wellness Workshop: Alzheimer Society Sleep and the Brain Georgetown

Monday, January 11th, 1:30pm–3:00pm
\$2.00 drop-in fee, sign up at reception

Join the Alzheimer's Society for an engaging and informative presentation on the important connection between sleep and brain health.

Research shows that quality sleep plays a vital role in memory, learning, mood, and overall cognitive function. This session will explore how sleep helps the brain repair and restore itself, the impact of poor sleep on cognitive health, and the relationship between sleep disturbances and dementia risk. Participants will also learn practical strategies to improve sleep habits and support long-term brain wellness.

This presentation is ideal for anyone interested in maintaining a healthy brain and enhancing their overall well-being.

Wellness Workshop; Sleep Strategies for Older Adults Georgetown

Tuesday, January 26th, 2:30pm–3:45pm
\$2.00 drop-in fee, sign up at reception

Waking up tired or struggling to get a good night's sleep? Quality sleep is essential at every age!

Join Dr. Amali Firhoj, ND, for an engaging, evidence-based educational session exploring how sleep changes as we age and why it matters for overall health, energy, and living long, healthy years. Learn practical strategies to improve sleep quality, establish healthy sleep habits, and support restful nights through nutrition, key nutrients, and targeted supplements. Discover simple, sustainable approaches to help you sleep better and feel your best.

Workshops

Rapid Transportation Workshop

Georgetown

Monday, November 9th, 1:00pm–2:30pm
\$2.00 drop-in fee, sign up at reception

Come hear about Rapid City Transportation! Learn about the safe, reliable, and accessible transportation services they provide for seniors and individuals with mobility needs, including service options and pricing. Discover how their compassionate door-to-door service helps people stay active and connected to their community by providing transportation to appointments, programs, outings, and special events. We hope to see you there!

The Savvy User's Guide to AI Basics: ChatGPT, Copilot, and Gemini

Georgetown

Friday, November 13, 1:00pm–3:00pm

AI is everywhere, but what can it do for you? This easy-to-follow session will turn your curiosity into confidence. We'll skip the technical talk and focus on how you can use free AI tools like Google's Gemini, Microsoft Copilot, and ChatGPT to save time and get better answers. Learn how to get the most out of these tools, whether you need a hand with researching a new hobby, composing a letter, or simplifying a complex task. We'll share real-life examples and walk you through how to use these tools to your advantage.

Halton Housing Help Presentation

Georgetown

Friday, November 20th, 1:00pm–3:00pm
\$2.00 drop in fee

Did you know there are housing support services available right here in Halton Hills? Come learn about housing resources available in our community! Representatives from Halton Housing Help will be visiting Hillview to discuss the services and supports they provide. Discover how their team assists individuals and families with housing challenges, including eviction prevention, housing supports, and homelessness services. Bring your questions and learn about the resources available to help residents maintain safe and stable housing, & homelessness in Halton Hills. Sign up at reception.

Archaeology Presentation–Acton

Monday, January 11th 11:00am – 12:00pm
\$1.00 drop in fee. Sign up starts December 9th

Sydney Durham is back! Join us as she shares her experiences in archaeology, and explores the differences between commercial and academic archaeology in Ontario and abroad.

Learn about her work in the field, collaborations with Indigenous liaisons, and the important role archaeology plays in understanding and preserving our shared history.

Protect Your Devices and Privacy Online–Georgetown

Friday, January 15th, 1:00pm–3:00pm
\$2.00 drop in fee

Your devices hold so much of your personal life, like photos, messages, social media, and online banking, but are you doing enough to keep them safe? Join us for an essential session on fortifying your online security, no matter what device you use. We'll walk you through straightforward steps to lock down your accounts, recognize the tell-tale signs of a phishing scam, and limit data tracking so that you, not advertisers, control your information. You'll leave feeling empowered and in complete control of your digital life, and with the confidence to enjoy your devices without the worry.

Legal Talk: Wills & Power of Attorney Georgetown

Friday, January 22nd, 1:00pm–2:30pm
\$2.00 drop-in fee, sign up at reception

Join Vardeep Parmar from Nadalon Law for a practical and informative talk covering the importance of having a properly prepared Will and Powers of Attorney. The session will explain what these documents do, who can make decisions on your behalf if you become unable to do so, estate planning considerations, and mistakes to avoid. Attendees will have an opportunity to ask general questions and learn how proper planning can help protect their wishes, family, and assets.

Workshops

Personal Emergency Preparedness for Older Adults-Georgetown

Monday, November 23rd, 1:30pm-3:00pm
\$2.00 drop-in fee, sign up at reception

Preparing for emergencies begins with you! In an emergency, everyone has a role to play—from individual residents to the different levels of government.

This presentation will provide an overview of personal emergency preparedness for older adults, including the role of emergency management, common hazards in Halton Region, and practical steps individuals can take to stay safe during emergencies. Participants will learn how to identify risks, create a personalized emergency plan, and build an emergency kit tailored to their needs, including considerations for mobility, hearing, vision, medical needs, and other disabilities.

Colour Analysis-Georgetown

Tuesday, January 19th, 9:30am-11:00am
\$2.00 drop-in fee, sign up at reception

Look Good, Feel Good Through the Power of Colour. Join Linda de Jong, a friendly member of Hillview and a Certified Image Consultant and Colour Analyst, for an informative and uplifting workshop on personal colour analysis.

This workshop is not about achieving a certain look or following fashion trends. Instead, it focuses on helping you discover the colours that naturally complement your individual features to make you feel your best. When we wear colours that work well for us, we often feel more confident, energized, and comfortable in our own skin.

You will learn how different colours interact with skin tone, hair, and eye colour, and how personal colour analysis can simplify clothing choices and create a more harmonious appearance. The session will also explore the psychological benefits of colour, including how the right colours can positively influence mood, self-confidence, and overall well-being.

Whether you're looking to refresh your wardrobe, gain practical styling tips, or simply enjoy learning something new, this workshop celebrates individuality and the connection between looking good, feeling good, and confidence.

Reiki Sessions – BOTH

Georgetown

Donna Reiki professional available for personal Reiki session between 10:00am-11:30am

November 2nd, 16th, December 7th, 21st, January 4th & 18th.

\$2.00 drop in fee + **\$20.00** minimum energy exchange. (cash only to Donna/Reiki)

Acton-Marie Reiki Professional

\$15.00 per 30-minute treatment, 10am – 2pm.

Sign up at Acton Reception. (Cash Only)

Next Date: Nov 18th, Dec 16th, Jan 20th

Reiki is a simple, natural and safe method of spiritual healing and self-improvement.

Reflexology Sessions – BOTH

Georgetown-Marie Reflexology Professional

Friday November 13th & 27th, December 11th,

January 8th & 22nd between 1:00pm-3:00pm

\$2.00 drop-in \$20.00 (cash only to Marie Reflexology)

Acton-Marie Reflexology Professional.

\$20.00 per 50 Minutes, 10am-2pm, Sign up at Acton Reception.

Next Dates: Nov 4th, 18th, 25th. Dec 2nd, 16th. Jan 6th, 20th, 27th. (Cash Only).

Reflexology offers numerous benefits for older adults, enhancing their overall well-being.

Reflexology is a gentle and effective way to support your health.

Mocktail Mixology Workshop-Acton

Tuesday, January 19th 1:00pm-3:00pm

\$2.00 pp sign up starts December 9th at reception
space limited to 30 people

Looking for a fun way to start the year? Adam Sammut from Delixer is back! Discover three fantastic mocktails that are perfect for gatherings, celebrations, or simply treating yourself. Sampling is encouraged, and recipes will be provided for you to take home and enjoy.

Fun & Creative Events

Card Making Workshops with Brenda Drysdale-BOTH

Discover the joy of creating beautiful, handcrafted greeting cards in these fun workshops led by Brenda Drysdale. Learn techniques & design your own unique cards perfect for sharing. Each participant will make 2-3 cards to take home.

Georgetown

Tuesday, November 10th, 1:00pm–3:30pm

\$10.00 members / \$13.00 non-members

Space is limited to just six participants, so be sure to sign up at reception early.

Acton

Wednesday, November 25 at 1:00pm–3:30pm

Cost is \$10.00 per person, (Cash Only) and space is limited to just six participants, so be sure to sign up at reception starting October 28.

Name that Tune Event Georgetown

Thursday, December 17th, 1:30pm–3:00pm

Test your music knowledge and join the fun at our upcoming Name That Tune event. From classic hits to modern holiday favourites, guess the tune and earn bragging rights (and maybe a prize or two). Come solo or bring a team—everyone's welcome for this lively evening of music and laughs! Light refreshments will be served.

Trivia Afternoon-Acton

\$2.00 per person

- **Tuesday, November 24th, 1:00pm–3:00pm**

Sign up at reception starting October 27th

- **Tuesday, January 26th 1:00pm–3:00pm**

Sign up at reception starting December 16th

Enjoy 7 exciting category rounds, refreshments, and prizes. Bring a team or join one when you arrive. Don't miss out on the fun. Don't forget to sign-up to play.

Tuesday Movie-Acton

Practical Magic 2

Tuesday, November 17 at 10:00am

Twenty-five years after the original film, the Owens family faces a new threat when a long-buried family curse resurfaces. Sally and Gillian must reunite with the next generation of witches on a magical journey to uncover their family's origins and finally break the curse that has haunted them for generations



Disclosure Day

Tuesday, January 19 at 10:00am

When a whistleblower uncovers evidence of extraterrestrial life and a meteorologist begins experiencing mysterious alien-linked phenomena, they become entangled in a race to reveal a decades-long conspiracy. As the truth emerges, humanity must confront the possibility that we are not alone



Jimmy's Old Time Radio-Acton

Tuesday, January 12th 1:00pm - 3:00pm

\$2.00pp tickets on sale December 2nd

Back by popular demand!

Get ready to tap your toes and sing along as Jimmy's Old Time Radio brings an upbeat concert full of nostalgic tunes and lively entertainment. It's the perfect way to brighten your day and enjoy some classic favourites!

Gnome Fabric Poke Art-Acton

Thursday January 28th at 10:00am.

\$5.00pp Tickets on sale Jan 7th. Limited to 18 people

Get creative and make an adorable 3D gnome using pre-cut fabric, yarn, and a stylus tool. This fun, beginner-friendly craft is easy to assemble, requires no sewing, and leaves you with a charming handmade decoration to take home.

FUNdraising

Bid Euchre Tournament–Acton

Sunday, November 8th 12:00pm–5:00pm
Entrance Fee \$15.00, Pre-register starting September 28
Registration: 12:00pm Games start at 1:00pm

Join fellow bid euchre enthusiasts for an afternoon of fun! Test your skills, enjoy great company, and maybe even take home a prize. Plus, there will be a 50/50 draw, raffle, sandwiches and refreshments available for purchase.

Terra Cotta Cookie Fundraiser Georgetown

Order between **Monday, November 9th–29th** order at Reception.

Enjoy these sweet treats just in time for the holidays. Just drop and bake! Choose from 12 scrumptious cookie dough flavours, including two gluten-free choices and a vegan option! Each box contains 40 x 20g pre-formed “Dough Drops™”. They come in compact boxes which are easily stored in your freezer to bake whenever that cookie craving hits.

Cookie Orders will be picked up **Monday, December 14th** from 12:00–3:00pm at Hillsvie Georgetown.

Bid Euchre Tournament–Georgetown

Saturday, November 14th, 1:00pm–3:00pm
Tickets \$15.00, available at reception.

Join fellow euchre enthusiasts for an exciting afternoon of cards, camaraderie, and friendly competition! Whether you're a seasoned player or enjoy a casual game with friends, this tournament is a great opportunity to test your skills, meet new people, and enjoy a fun-filled social event.

Play your way through the tournament as you compete for prizes and bragging rights. Enjoy plenty of laughs, great company, and the thrill of every hand in a welcoming and supportive atmosphere. A 50/50 draw will add to the excitement, and beverages will be available for purchase throughout the afternoon. Doors open at 12:30 p.m. to allow time for check-in and seating before play begins.

2027 Membership Draw Fundraiser Georgetown

Monday, November 2nd–December 10th
Tickets \$2.00 each or 3 for \$5.00

There are **five** 2027 memberships donated in memory of members past. Purchase a ticket for your chance to win next year's membership. All funds will go directly to Hillsvie Georgetown. Memberships in memory of:

- Nellie Bell
- Peter Smith
- Bill McVean
- Bruce Murchison
- Darius Szlachta

Draw will take place at the Christmas luncheon on December 10th (you do not need to be present to win). Purchase tickets at reception.

Konzelmann Estate Winery Fundraiser–Acton

We are excited to partner with Konzelmann Estate Winery for a special online wine fundraiser running from November 2 to November 30, 2026. Every purchase made through our fundraiser helps support programs, activities, and services for older adults in our community.

Whether you're stocking up for the holidays, looking for a hostess gift, or simply enjoy great local wine, this is a wonderful way to give back while treating yourself.

How to Participate

- Visit store.konzelmann.ca
- Shop and add your selections to your cart.
- At checkout, select PICKUP as your delivery method.
- Scroll down and choose HILLSVIEW 50+ SENIORS CENTRE ACTON – FUNDRAISER ONLY.

Important: This fundraising location must be selected or your order will not be included in the fundraiser.

Orders will be distributed to participants by staff, and you will be notified when it is ready for pickup.

Fundraiser Dates: November 2 – November 30, 2026

Free Counselling Services-Both

****GRANT EXTENDED ****

Therapy Sessions with a CMHA Registered Psychotherapist



Canadian Mental Health Association
Halton Region Branch
Mental health for all

Canadian Mental Health Association-Halton's counselling services have been extended, due to CMHA receiving additional funding. Single, private session service to support you.

When: CMHA- Halton will offer in-person one on one sessions once a month at our facilities in Acton & Georgetown. Appointments will be booked ahead of time, and are first-come, first-served:

- Georgetown (second Thursday each month)
- Acton (third Friday each month)

Cost: There is no cost for this program.

Please call 289-291-5396 to book your personal appointment.

If monthly in-person days at each centre don't work for you, you may request the following:

- telephone or virtual appointment during any other day of the week. This option will require you to have a secure telephone and or internet connection, including a space where privacy can be maintained, or
- In-person appointment at CMHA's Oakville or Milton offices on Wednesday or Thursday. Plenty of free parking at both CMHA locations.

Acton Dates:

Friday, November 20th
Friday, December 18th
Friday, January 15th

Georgetown Dates:

Thursday, November 12th
Thursday, December 17th
Thursday, January 14th

Travel Acton & Georgetown

Dear Hillsview Members:

Another wonderful year of travel has come and gone! Our final trip of the year, The Sound of Christmas, sold out in just two days, and we are so grateful for the incredible support and enthusiasm of our members.

On behalf of myself, Sheilagh, and Sherri, we would like to take this opportunity to wish everyone a very Merry Christmas and a Happy, Healthy New Year.

Be sure to keep an eye on the New Year for exciting new trips and events. We have some surprises in store that you're sure to enjoy! We'll kick things off with a festive St. Patrick's Day Party in March.

Thank you for travelling with us throughout the year. We look forward to making many more wonderful memories together in 2027.

Merry Christmas and Happy New Year!

From the Three Amigos,
Florence, Sheilagh & Sherri

Come visit the Travel Desk at Hillsview Georgetown for all your day trip news!

Jonas & Barry in the Home (SOLD OUT)

St. Jacobs Hildebrand Schoolhouse Theatre
Thursday, November 5th
Lunch at Anna Mae's Bakery & Restaurant
Sounds of Christmas (SOLD OUT)
Friday, December 4th
Lunch at Mandarin in Kitchener

Travel Desk Inquiries:

Florence Riehl-Convener (905)873-0057
Monday-Friday 9:00am-1:00pm

***Please note:** Your signature on the sign up sheet is your commitment to pay for the trip. **No exceptions** (as tickets are purchased once the minimum is met). Thank you for your understanding. Payment accepted at the Travel Desk, Cash, Cheque or Debit.

Casino Trips

Coming back in the Spring of 2027

Saturday Events



Saturday Bingo-Georgetown

Everyone is welcome to join in on the Saturday fun! We are open to the community, bring a friend and have some FUN!

1st package \$22.00

(Includes 5 early bird games, 8 regular games, 1 special game, and 1 Jackpot game)

2nd additional package \$10.00

15 games in total to play. PRIZES available include a Jackpot payout of \$150.00.

Georgetown all games begin at 1:00pm

Next dates:

Saturday, November 7th

Saturday, December 5th

Saturday, January 16th

Saturday Afternoon Bingo-Acton

Looking for something to do on a Saturday?

Large prize money up to \$175.00! Open to the community. 1st package \$20.00 2nd package \$10.00

5 early bird games

8 regular games

2 full card jackpot specials

Next dates:

Saturday, November 14th

Saturday, December 12th

Saturday, January 9th

All games begin at 2:00pm

Grant Recognition

We would like to thank the following ministries for funds:



Canada



YOUR STORY COULD HELP SOMEONE FIND CONNECTION

Has Hillsview Helped You...

- ✓ Make new friends
- ✓ Stay active and engaged
- ✓ Discover new interests
- ✓ Feel less isolated
- ✓ Improve your well-being
- ✓ Find a sense of community

Why Your Story Matters

Through our Links2Wellbeing grant, healthcare providers can connect older adults to community programs that support social, emotional, and physical well-being. When healthcare professionals hear real experiences from Hillsview members, they gain a better understanding of how social connection can make a meaningful difference in older adult's lives.

★ BE A HILLSVIEW AMBASSADOR

"What if your story helped someone else find friendship, purpose, and community?"

Sharing your experience could encourage healthcare providers to refer more older adults who may benefit from programs like Hillsview.

👉 TAKE ACTION TODAY

Ask a staff member for a Social Prescribing Information Package to share with your doctor, nurse practitioner, or healthcare provider.

Thank you for being one of Hillsview's best ambassadors! Together, we can help more older adults connect with what matters most.

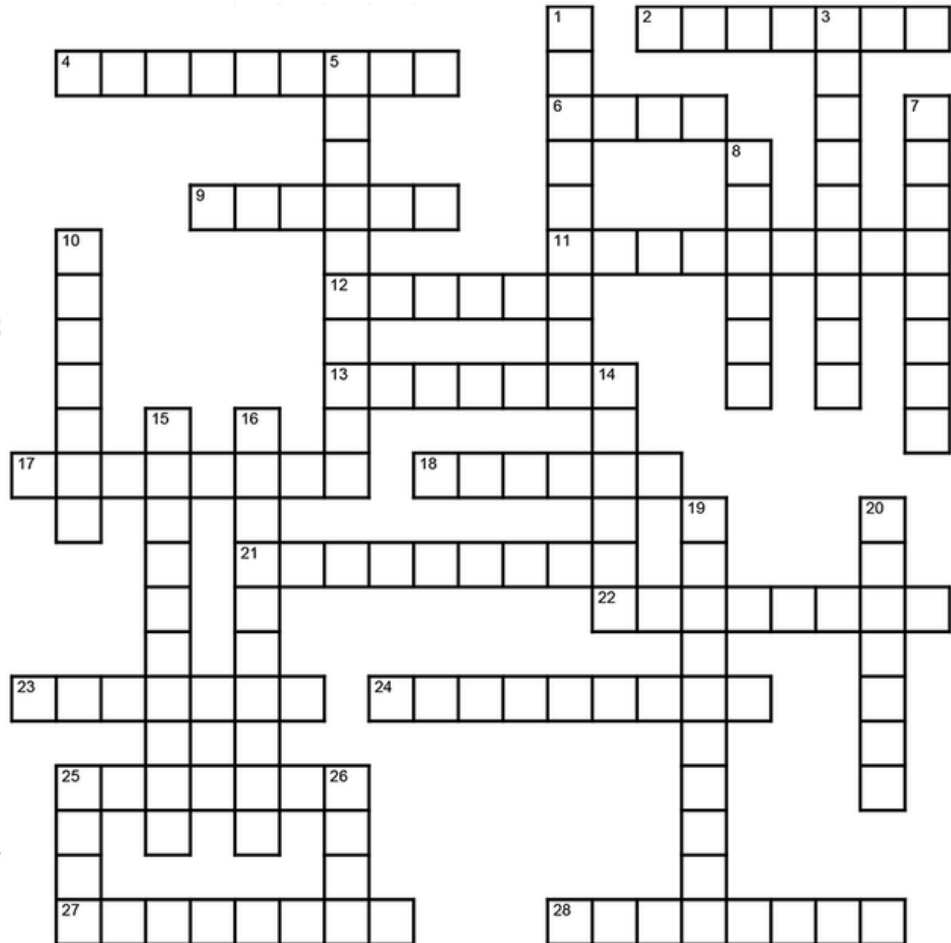
Holiday Crossword

ACROSS

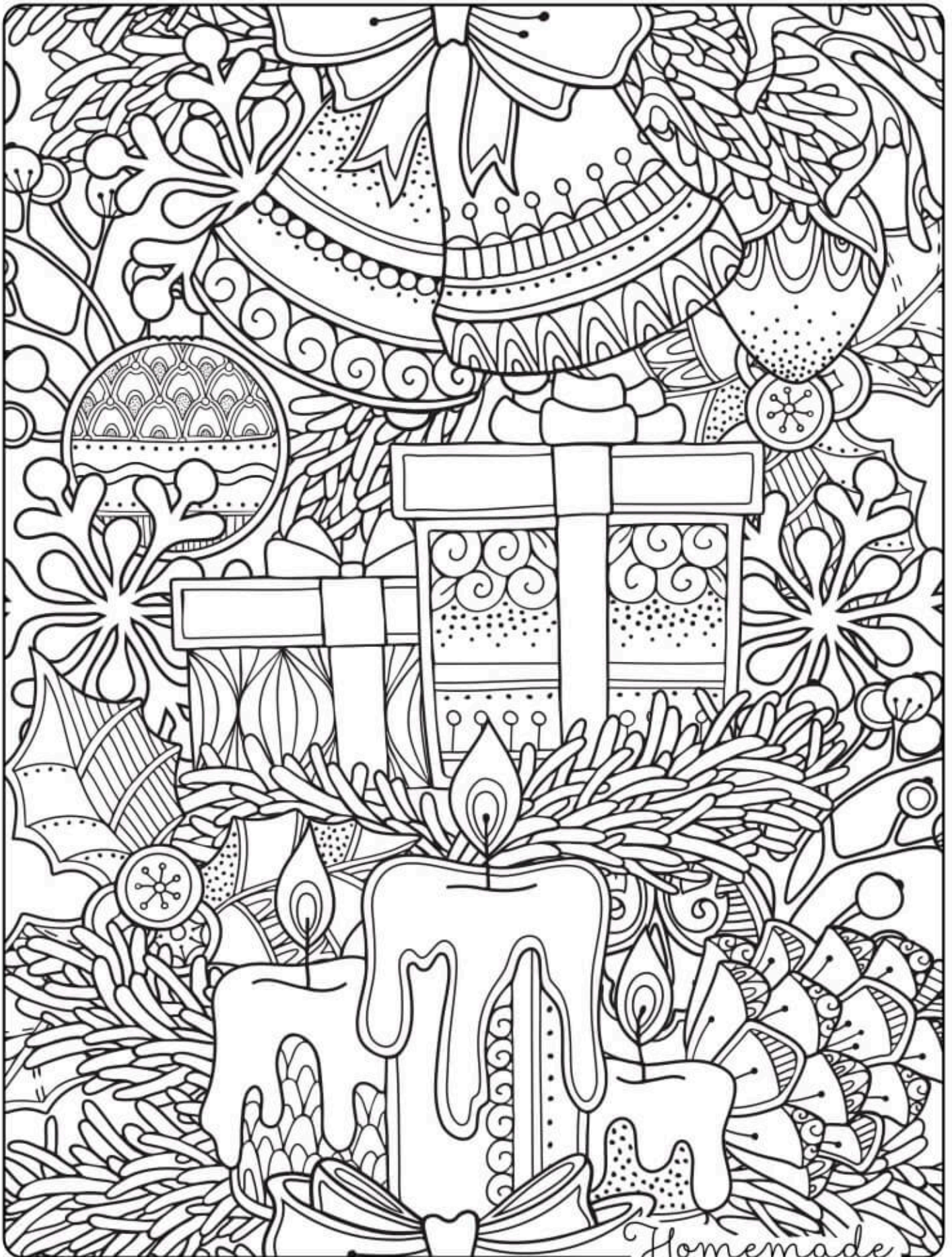
2. Dickens character who hated Christmas
4. Injury caused by exposure to extreme cold
6. White precipitation that covers the ground in winter
9. Shiny decorative strands draped on Christmas trees
11. Type of tree that stays green all winter long
12. Period of anticipation leading up to Christmas
13. Frozen water formations hanging from roofs in winter
17. Singing holiday songs door-to-door
18. Season that officially begins in December
21. Description of holiday lights at night
22. Festival of Lights celebrated in December
23. Full of holiday cheer and merriment
24. Major holiday celebrated on December 25th
25. Santa's preferred entry point on Christmas Eve
27. Last month of the year, full of holiday celebrations
28. Shortest (and longest) day of the year

DOWN

1. Plant hung overhead to encourage holiday kisses
3. Decorative items hung on Christmas trees
5. Winter activity on frozen ponds or indoor rinks
7. Santa's flying helpers during the holiday season
8. Creamy holiday beverage
10. Time off from work or school to celebrate in December
14. Santa's vehicle for delivering presents
15. Red and green plant popular as a Christmas decoration
16. Common practice during the December holidays
19. Jolly gift-giver who visits on Christmas Eve
20. African American cultural celebration in late December
25. December weather that makes you want to bundle up
26. Ancient winter festival that influenced Christmas traditions



Christmas Colouring Page



Homemade
GIFTS MADE EASY

WWII Prisoners of War and the White Bus Rescue Mission

Monday, November 2, 6:30—8:00 PM
Georgetown Branch, Local History Room

This presentation centers on the First Special Service Force prisoners of war at Dachau Concentration Camp, highlighting their experiences both inside and outside the wire. The session will conclude with a look at the historic White Buses humanitarian rescue operation that saved thousand of lives in the final days of the war. Drop-in. Free.

Acton Book Club

Tuesday, November 3, December 1, January 5
7:00—8:00 PM
Acton Branch, Community Room

Connect with fellow readers at our Acton Book Club! Enjoy lively discussion, discover new books, and share ideas in a relaxed and welcoming environment. Register at hhpl.events.mylibrary.digital. Free.

November: Yesteryear by Caro Claire Burke
December: Our Perfect Storm by Carley Fortune
January: We Do Not Part by Han Kang

One Book One Halton Hills: An Evening with Logan Paylor

Tuesday, November 10, 7:30 PM
Georgetown, John Elliott Theatre

Join us for an evening with Logan Paylor, author of *The Cure for Drowning*. At this engaging author event, Logan Paylor, a queer, trans writer based in Chilliwack, BC, will share insights into their writing process, the inspiration behind the novel, and the themes that have resonated with readers nationwide. Register at hhpl.events.mylibrary.digital. \$10.

Book a Librarian

Thursday, November 12, December 3, January 14,
1:30—3:30 PM
Hillsview Active Living Centre — Georgetown

Book a Librarian appointments are one-to-one help sessions with a knowledgeable librarian, focused on technology troubleshooting (e.g., cell phone, tablet, computer). Sign up at reception. Free.

Crafty Cardinals: Felt Ornament

Saturday, November 14, 2:30—4:30 PM
Georgetown, Cultural Centre Studio

Get to know Halton Hills' Official Town Bird through craft! Relax in the Studio while sewing your very own hand-stitched male cardinal ornament. Beginner-friendly. Register at hhpl.events.mylibrary.digital. \$5

Halton Hills EcoFilm Fest: The Art of Adventure

Wednesday, November 18, 6:30—9:00 PM
Georgetown, John Elliott Theatre

This film is a deeply human documentary about the extraordinary lifelong friendship between world renowned wildlife artist Robert Bateman and fearless biologist Bristol Foster. Tickets are available through the John Elliott Theatre Box Office for \$10.

ONScreen: Once Upon a Time in a Cinema

Friday, November 20, 7:00—9:00 PM
Georgetown, John Elliott Theatre

Earl Clancy, a small-town cinema owner on the edge, battles a series of disasters while juggling personal turmoil and the chaos of a packed Friday night crowd. Tickets are available through the John Elliott Theatre Box Office for \$10.

Crochet, Knitting & Needlecraft Circle

Monday, November 23, December 14, January 11
5:30—7:30 PM
Georgetown Branch, Fireside Lounge

Join us in the Fireside Lounge for a friendly evening of creativity and community. All skill levels welcome! Register at hhpl.events.mylibrary.digital. Free.

Crafty Cardinals: 3D Model Painting

Saturday, November 28, 2:30—4:30 PM
Acton Branch, Community Room

Get to know Halton Hills' Official Town Bird through craft! Using acrylic paint, we'll learn to identify male and female cardinals by painting a pair of 3D printed birds. Register at hhpl.events.mylibrary.digital. \$5



HELSON GALLERY EXHIBITIONS

Learn more about exhibitions and programs:
haltonhills.ca/gallery

International Visions: Canada, Belgium, France, Greece, Sweden

November 11 – January 10, in the Helson Gallery
Experience the diversity of artistic expression in this international exhibition, bringing together artists from Canada, Belgium, France, Greece, and Sweden. Featuring abstract, realist, landscape, and figurative works, the exhibition showcases the unique perspectives and talent of artists, Neville Clarke, Linda Kemp, Peter Marsh, Lin Souliere, Rayne Tunley, Liliane Goossens, Jonas Pettersson, George Politis, Franck Rollier, and Donna Acheson Juillet.

Come out for the opening exhibition reception on Sunday, November 15, from 1 – 3 p.m. to meet the Canadian artists.

Square Foot Show and Sale

November 3 – 29, in the Upper Sisnett Lobby
Experience the creativity of local artists in this unique exhibition, where each work is created within a 12" x 12" format. Explore a diverse collection of paintings, photographs, mixed media, and more, showcasing a wide range of artistic styles and perspectives. All artwork will be available for purchase. This exhibition is presented in partnership with the Credit Valley Artisans.

Common Ground

November 3 – November 29, in the Lower Sisnett Lobby
Robert Attrell and Mike Shatilla bring together their shared passion for the Canadian rural landscape through two distinct artistic styles and approaches. While their techniques differ, both artists are united by a deep appreciation for the land and its quiet beauty. Each painting invites viewers to slow down, be present, and reconnect with the world around them, capturing moments that often go unnoticed yet linger in our memories long after they have passed.

Annual Holiday Show and Sale of Local Artists

December 1 – January 31, in the Upper and Lower Sisnett Lobby

The Holiday Show and Sale offer visitors a fantastic opportunity to purchase unique, handcrafted gifts for the holiday season while supporting talented local artists and artisans.

Watercolour and Beyond: Art Workshop with Rayne Tunley

Saturday, December 5, 9:30 a.m. to 3:30 p.m. in the Studio Room, Library & Cultural Centre
Come explore the creative possibilities of water-based painting! Through a series of demonstrations, Rayne Tunley will share her insights into colour, design, technique, and artistic decision-making. While watercolour is the primary focus, acrylic and gouache will also be introduced to expand skills and inspire new approaches. Participants will leave this workshop with fresh perspectives to inspire future paintings. Cost is \$100, materials are not included.

To register for a workshop please contact
dchurchill@haltonhills.ca

ONSCREEN AT THE JET

To buy tickets or learn more, visit
haltonhills.ca/theatre and click on 'JET Box Office' or visit the box office in person

Once Upon a Time in Cinema

Friday, November 20 at 7 p.m. John Elliott Theatre
Tickets are \$10

Earl Clancy (Colin Morgan), a small-town cinema owner on the edge, battles a series of disasters while juggling personal turmoil and the chaos of a packed Friday night crowd. Told in real time over the course of one evening, this delightful dramedy, based on director David Gleeson's own experience growing up in a family of Irish cinema owners, is witty and heartfelt" a love letter to the magic of cinema.

Sign up for the Create Halton Hills e-newsletter!

Sign up to stay informed about arts and culture opportunities and events.

Visit haltonhills.ca/culture

Virtual Programming Available

What is Art Your Service?

Join virtually in art, fitness, active living, socials and so much more. Connect online or by telephone. FREE programming offered to all Hillview members. See weekly sample schedule below.

Speak to a staff member to learn how to get registered.

 AYS Online Community Weekly Sample Schedule 					
Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:15	Guided Meditation 25 mins	Gentle Yoga Stretch & Balance 45 mins	Tai Chi Fit Balance & Flow 45 mins	Virtual Hike Get Your Steps in Dublin 30 mins 	Guided Meditation 25 mins
10:30	Balls & Bands Resistance Training 45 mins	Walk & Weights Strength & Cardio 45 mins	Get Up and Move Cardio & Weights 45 mins	Pilates with Julia Resistance Training 45 mins	Fitness with Jill Cardio & Weights 45 mins
11.00					
12.00					
1pm	AYS Drama Club 1 hr	Virtual Hike Get Your Steps in London 30 mins 	Ukulele Jam 45 mins		
2pm		Digital Health with Saya 	Sharing Squares Conversation Hour	Creative Aging Books & Ideas: Anne of Green Gables Book Discussion	
4pm					

Important Numbers

Canadian Mental Health

Call: 1-877-693-4270 Crisis Line: 1-877-825-9011

Links2Care Phone Assurance Program

Isolated? Anxious? Need Support? 905-873-6502

Meals On Wheels (fee based)

905-873-6502

Distress Centre-Halton

24/7 Distress Line, TeleCheck

North Halton -905-877-1211

Seniors Help Line

Monday to Friday, 11:00 am-2:00 pm:

1-866-457-8252

Alzheimer's Society of Halton/Hamilton

For more information, please call: 289-837-2310

Acclaim Health

Hospice, bereavement support. For more information, contact:

Program Coordinator at 1-800-387-7127 ext. 2417

Dementia Caregiver Support:

To book an appointment, please call April Graham 905-632-8168 ext. 2417 or email:

agraham@acclaimhealth.ca

Care Help Line 1-833-416-2273

Program/Resources

Foot & Hearing Clinic Information

Please call Foot Care Clinics directly for an appointment. Acton hearing clinics, call clinic directly; Georgetown hearing clinic has monthly sign up sheet at reception.

Georgetown Foot Clinics

Sole Heeling Foot Care Deborah will be at Hillsvue Georgetown the 3rd Wednesday of every month. You still need to book your appointments directly with Deborah Corrado. **Call 416-518-1459.**

Halton Audiometric Centre

905-877-8828. FREE testing at Hillsvue Georgetown the first Friday of the month. Sign up at reception

North Halton Hearing Clinic

FREE testing at Hillsvue Acton Third Tuesday each month. Call Susan Baker at 289-891-8833

Alzheimer Society

Our Alzheimer Society team has created a website to support clients and community members. Alzheimer Society at Home features all the virtual, self-serve offerings that our staff created.

On the site, you will find downloadable links and printable activity kits (can be mailed out as well), Zoom workshops on topics like 'Dementia 101', accessible exercise videos and more. Please visit <https://alzda.ca/> or share this link with anyone that you think may find this useful.

Health811

Call 811 or visit [Ontario.ca/health811](https://ontario.ca/health811)
Health811 is a free, confidential, 24/7 provincial service offering quick access to health advice from registered nurses, evidence-based health information, and referrals to community services. Residents can use Health811 to:

- Speak with a nurse any time of day for non-emergency guidance
- Get help determining whether to visit a doctor, urgent care, or emergency department
- Access multilingual support
- Learn about symptoms, medications, chronic conditions, mental health concerns, and more
- Find local health and community resources

Health811 is particularly useful outside regular clinic hours and helps reduce unnecessary emergency department visits.

Halton Hills Parkinson's Support Group

3rd Monday of the Month at Hillsvue Acton
10:30am-12:00pm

Upcoming dates:

Monday, November 16th

Monday, December 21st

Monday, January, 18th

In partnership with Parkinson's Canada for patients and their caregivers. Connect with others who have Parkinson's or other caregivers of persons with Parkinson's. You are not alone.



Acclaim Health Dementia Support

Staff from Acclaim Health will be at Hillsvue Georgetown once per month for half hour one on one consultation sessions to answer questions or provide support to those living with dementia or their caregivers. Pre-booking required. Some of the services they provide include Caregiver Education and Caregiver Support. If you have questions about these or simply want to connect with a professional, please book a session. Sessions can be booked with April Graham 905-632-8168 ext. 2417 or through email at agraham@acclaimhealth.ca

Hillsvue Georgetown has a Halton Hills Caregiver Support Group each month. Call April for more information.

CCHOHT Navigation Line

1-844-806-3093

This Navigation Line connects community members directly to the right health, social, and community supports, all through one number. It offers a simplified, human-centered approach to navigating services that can otherwise feel overwhelming. You can call for support with palliative care, mental health and addictions, senior services, caregiver support, disability services, cold/flu/COVID questions, and more.

You are guided to the most appropriate next step, whether that's a transfer to the right support line, a health or social service program, or a community resource.

Grant Recognition

We would like to thank the following ministries for funds:



Programs

Lifemark Classes Falls Prevention & Osteoporosis Program

Lifemark Wellness in partnership with Acclaim Health and Mississauga Halton Local Health Integration Network is offering FREE exercise classes.

Improve your strength, balance, endurance and improve your ability to perform activities around your home. Even reduce your risk of falling! Please register for a 12 week Falls Prevention program, just 1 hour 2 times per week.

Acton Schedule for Mon. & Fri.

Monday & Friday	
Falls Prevention:	1:00pm-2:00pm
Pump it Up:	2:00pm-3:00pm
Osteoporosis:	3:00pm-4:00pm

Georgetown Schedule

Thursday	Friday
12:30-1:30pm Falls Prevention	9:00-10:00am Falls Prevention
1:30-2:30pm Osteoporosis	10:00-11:00am Osteoporosis
2:30-3:30pm Movement Matters	11:00-12:00pm Movement Matters

You must register by calling 1-877-696-1620
Limited spaces available.

Transportation in Halton Hills

For ActiVan and TaxiScrip Program, you must register at either Centre or visit www.haltonhills.ca/50plus

ActiVan Program

ActiVan is a public transportation service operated by the Town of Halton Hills for those age 65+ or who have a disability.

You may travel anywhere within Halton Hills for any purpose, including trips between Acton and Georgetown.

Cross boundary trip locations available are:

- First Ontario Arts Centre, Milton
- Oakville Trafalgar Memorial Hospital, Oakville
shuttle service hours only Mon-Fri, arriving and departing at 8:30am, 12:00pm, 3:00pm & 4:30pm
- Mount Pleasant GO Station, Brampton
- Lisgar GO Station, Mississauga

For additional information about cross boundary trips, please call 905-702-6435.

Registered users can buy tickets at both Hillsvieview Centres for \$40.00 a sheet. ActiVan runs 7 days per week.

NEW

Monday-Friday from 7:00am-9:00pm.

Saturday-Sunday from 7:00am-6:00pm

You must book ActiVan 48 hours in advance.

If you receive the Guaranteed Income Supplement (GIS) you may apply through the Region of Halton at 311 for the split pass. If eligible you will receive tickets at a reduced cost.

ActiVan phone number: 905-702-6435.

Taxiscrip Program

Taxiscrip allows ActiVan users to make a spontaneous travel decision. Rather than book in advance, you are able to use the Halton Hills Taxi Services.

Georgetown Taxi: 905-873-2222

IMPORTANT:

If you see the ActiVan vehicle at the front door of the centre please **DO NOT PASS!** Just like a school bus, when the ActiVan ramp is out and people are entering or exiting the ActiVan, you **MUST** stop and wait. Passing the ActiVan is not permitted. Please keep everyone safe.

Wi-Fi at the Centres

While you are visiting the Centres, we have accessible Wi-Fi available. Signs are posted with directions to connect.

Georgetown

Network: Hillsvieview1

Password: hillsvieview

Acton

Network: Acton Senior Center - Guest

Password: TOHHGuest4219!



DID YOU KNOW?

HILLSVIEW HAS EMERGENCY SAFETY PROTOCOLS

Just like fire drills and other emergency planning, Hillsview staff prepare for a variety of situations to help keep our members, visitors and staff safe.



CODE WHITE

A perceived threat or disruptive situation
that does not require evacuation or lockdown.



CODE YELLOW

An external threat
where everyone may need to remain safely inside and away from doors and windows.



CODE RED

An active threat
where staff will direct members to the safest available response and contact 911.



IN AN EMERGENCY, TAKE ACTION



HOLD

Remain where you are and await further instructions.



SECURE

Stay inside the building and away from exterior doors and windows.



LOCKDOWN

Immediately move to the safest location and follow staff directions.



EVACUATE

Leave the building using the safest available route.



SHELTER

Move to a designated shelter area for protection from environmental hazards.



STAY CALM • LISTEN CAREFULLY • FOLLOW STAFF AND EMERGENCY PERSONNEL INSTRUCTIONS



If you have any questions about our emergency procedures or drills, please speak with a staff member.

North Halton
COMMUNITY SINGERS
presents

Let there be

JOY

THE VOICES OF CHRISTMAS
Eleanor Wallace - Artistic Director
Mark Peterson - Accompanist

**Saturday, December 5th
at 7:00 pm**

(Doors open at 6:30 pm)

**Bethel Christian Reformed Church
365 Queen Street, Acton ON**

Tickets : Adults - \$30 (\$35 cash at the Door)

Children under 18 - \$15

Family of 4 - \$80 (2 adults, 2 children)

Each additional child - \$15

Tickets available at our ticket outlets:

JV Clothing (Georgetown Marketplace),

Foodstuffs (89 Main Street South, Georgetown),

Pat's Prime Cuts & Deli (333 Mountainview Rd., S.),

Acton Optical (80 Mill St.E., Acton),

Sew Productive, 47 Mill Street East, Acton,

from any choir member or on our website at:

www.northhaltongsingers.ca

Town Recreation Programs

Recreation Financial Assistance for Hillsview and Town Programs

Seniors receiving the Guaranteed Income Supplement (GIS) are automatically eligible to receive a discount on programs. For details and to determine eligibility please contact Centre staff.

Register Online

Did you know you can register yourself online and still get the 25% discount? (applicable programs only). If interested, please talk to staff.

Drop-in Fee Option: Acton

There is a drop-in fee option for Active Living classes at Hillsview Acton. Please note: This is only available when classes are not already at capacity.

Members: \$9.05, Non-Members: \$12.05
Chair Yoga; Member \$9.20 Non \$12.30

NEW Cancellation Policy & Administration Fee

Early Withdrawal

When a registered participant withdraws **at least five (5) days before the program start date**, a refund will be issued less an early withdrawal fee of \$10 per program.

Late Withdrawal

When a registered participant withdraws **within four (4) days before the program start date and up to the 2nd session after the program starts**, a refund will be issued less a late withdrawal fee of \$25 per program PLUS any sessions that have occurred.

Withdrawal After the 2nd Session

When a registered participant withdraws from a program **after the 2nd session has occurred**, no refund is given.

WalkFit Pass

The indoor, self-guided WalkFit Pass provides access to walking at arenas in Acton and Georgetown, rain or shine! Conditions are always right for a walk in our climate-controlled facilities. Enjoy the safety and convenience of the WalkFit pass. For more information see Page 30.

Active Living Programmers

For more information on the Walk Fit Pass, please contact Sandy Rahn at sandyr@haltonhills.ca or call (365)-355-7341. For general Active Living program queries, please contact Kyrstin Barkley at kbarkley@haltonhills.ca.

Active Pass for Aqua Fitness

Why not try our new Active pass and try an Aquafit class? Passes are for adults 18+ and includes access to:

- Deep water
- Gentle aqua fitness
- Running H2O
- Shallow/deep water
- Water walking

Drop in to try a class, swipe your pass or book online to hold your spot in class. No expiry Flexible to attend at your convenience 10 class pass is \$67.50, 30 classes \$187.50.

Inclement Weather and Facility Closure

The Hillsview Active Living Centre follows the Town of Halton Hills Inclement Weather Procedures. The following will inform you as to when a closure of the centre has been implemented.

For information regarding **Hillsview Georgetown** closure, call 905-873-2600 ext. 2271. There will be a message on the phone reflecting the closure updates.

For information regarding **Hillsview Acton** closure, call 519-853-5951. There will be a message on the phone reflecting the closure updates.

To find out if your **Active Living program** is cancelled due to inclement weather, please call 905-873-2600 ext. 2708.

When possible, a mass membership e-mail or phone call will be sent out to all our members. Please ensure that we have your e-mail address if applicable.

Please remember to always call the Centre first and ask about specific activities and programs.

YEAR-ROUND INDOOR WALKING

WalkFit
Active easy! **Pass**



The Walk Fit program allows you to stay active and social by walking indoors at local facilities in Acton and Georgetown. Just \$37.29/year!

*Whatever the weather,
we walk together.*

For more information call Sandy at 365-355-7341 or haltonhills.ca/passes

We're spreading the word about WalkFit! Tell a friend or look for our displays and banners at arenas.



TRY A DAY FOR FREE!

Try before you buy at our open house days!

November:

ACC: Tuesday, Nov. 3, 10:20-11:20 a.m.

MSP: Tuesday, Nov. 10, 10:15-11:15 a.m.

ACC: Tuesday, Nov. 17, 10:20-11:20 a.m.

MSP: Tuesday, Nov. 24, 10:15-11:15 a.m.

December:

ACC: Tuesday, Dec. 1, 10:20-11:20 a.m.

MSP: Tuesday, Dec. 8, 10:15-11:15 a.m.

For more info e-mail: sandyr@haltonhills.ca

ACC = Acton Arena & Community Centre

MSP = Mold-Masters SportsPlex Arena

Active Living Classes Winter 2027

REMINDER: Registration for Winter classes opens Tues. December 1st at 7:00am

Active Living Team

Kyrstin Barkley – Active Living Coordinator

✉ kbarkley@haltonhills.ca

☎ 289-924-0265

Sandy Rahn – Active Living Programmer

✉ sandyr@haltonhills.ca

☎ 365-355-7341

Kaitlan McDonald – Active Living Programmer

✉ kmcdonald@haltonhills.ca

☎ 905-691-6291

Class Cancellations

- Monday, February 15: **ALL CLASSES**
- Friday, March 19: **Cardio & Strength (HVA)**
- Friday, March 26: **ALL CLASSES**
- Monday, March 29: **ALL CLASSES**

Locations

- ACC** = Acton Arena Community Centre, 415 Queen Street East, Acton
- GCC** = Gellert Community Centre, 10241 8th Line, Georgetown
- HVA** = Hillsview Active Living Centre Acton, 415 Queen St. East, Acton
- HVG** = Hillsview Active Living Centre Georgetown, 318 Guelph St – Unit 9, Georgetown
- MMSP** = Mold Masters SportsPlex, 221 Guelph St, Georgetown

Acton Classes	Day	Location	Time	Dates	Member	Non-Member
Cardio & Strength	Mon	HVA	9:00–9:50am	Jan 4 to Mar 22	\$99.38	\$132.50
Circuit Training 1	Mon	HVA	12:30–1:20pm	Jan 4 to Mar 22	\$99.38	\$132.50
Bone Builder	Mon	HVA	1:30–2:20pm	Jan 4 to Mar 22	\$99.38	\$132.50
Line Dance 1	Mon	HVA	2:30–3:20pm	Jan 4 to Mar 22	\$101.34	\$135.11
NEW! Ageless Yoga	Mon	HVA	3:30–4:30pm	Jan 4 to Mar 22	\$101.34	\$135.11
Core & Floor	Tues	HVA	9:00–9:50am	Jan 5 to Mar 23	\$110.55	\$147.40
Yoga – Chair	Tues	HVA	10:00–10:50am	Jan 5 to Mar 23	\$110.55	\$147.40
Balance & Stretch	Wed	HVA	9:30–10:20am	Jan 6 to Mar 24	\$108.41	\$144.55
Dance Fitness	Wed	HVA	10:30–11:20am	Jan 6 to Mar 24	\$110.55	\$147.40
Bone Builder	Thurs	HVA	9:00–9:50am	Jan 7 to Mar 25	\$108.41	\$144.55
Yoga – Chair	Thurs	HVA	10:00–10:50am	Jan 7 to Mar 25	\$110.55	\$147.40
Ageless Pilates	Thurs	HVA	11:30–12:20pm	Jan 7 to Mar 25	\$110.55	\$147.40
Circuit Training 1	Thurs	HVA	12:30–1:20pm	Jan 7 to Mar 25	\$108.41	\$144.55
Tai Chi Fit	Thurs	HVA	12:30–1:20pm	Jan 7 to Mar 25	\$110.55	\$147.40
Cardio & Strength	Fri	ACC	10:00–10:50am	Jan 8 to Apr 2	\$99.38	\$132.50

Walking Programs	Day	Location	Time	Dates	Cost
Walk This Way (Indoor)	Wed	MMSP	9:00–9:50am	Jan 6 to Mar 24	\$40.68

Active Living Classes Winter 2027

Georgetown Classes	Day	Location	Time	Dates	Member	Non-Member
Bone Builder	Mon	HVG	9:00-9:50am	Jan 4 to Mar 22	\$99.38	\$132.50
NEW LOCATION! TIME	Mon/Thurs	GCC	9:15-10:15am	Jan 4 to Mar 8	\$65.54	\$65.54
Dance Fitness	Mon	HVG	10:00-10:50am	Jan 4 to Mar 22	\$101.34	\$135.11
Yoga - Chair	Mon	HVG	10:00-10:50am	Jan 4 to Mar 22	\$101.34	\$135.11
Cardio & Strength	Mon	HVG	11:00-11:50am	Jan 4 to Mar 22	\$99.38	\$132.50
Qi Gong	Mon	HVG	11:00-11:50am	Jan 4 to Mar 22	\$101.34	\$135.11
Easy Does It	Tues	HVG	9:00-9:50am	Jan 5 to Mar 23	\$108.41	\$144.55
Line Dancing 3	Tues	HVG	10:00-10:50am	Jan 5 to Mar 23	\$110.55	\$147.40
Bone Builder (Virtual)	Tues	HVG	10:15-11:05am	Jan 5 to Mar 23	\$40.68	\$40.68
Line Dancing 2	Tues	HVG	11:00-11:50am	Jan 5 to Mar 23	\$110.55	\$147.40
Balance & Stretch	Tues	HVG	12:00-12:50pm	Jan 5 to Mar 23	\$108.41	\$144.55
Line Dancing 1	Tues	HVG	1:00-1:50PM	Jan 5 to Mar 23	\$110.55	\$147.40
Mindful Meditation	Tues	HVG	2:00-2:50pm	Jan 5 to Mar 23	\$108.41	\$144.55
Yoga-Chair	Wed	HVG	9:00-9:50am	Jan 6 to Mar 24	\$110.55	\$147.40
Dance Fitness	Wed	HVG	9:00-9:50am	Jan 6 to Mar 24	\$110.55	\$147.40
Tai Chi 2	Wed	HVG	10:00-10:50am	Jan 6 to Mar 24	\$110.55	\$147.40
Tai Chi 1	Wed	HVG	11:00-11:50am	Jan 6 to Mar 24	\$110.55	\$147.40
Cardio & Strength	Thurs	HVG	9:00-9:50am	Jan 7 to Mar 25	\$108.41	\$144.55
Bone Builder	Thurs	HVG	10:00-10:50am	Jan 7 to Mar 25	\$108.41	\$144.55
Bone Builder	Thurs	HVG	11:00-11:50am	Jan 7 to Mar 25	\$108.41	\$144.55
Core & Floor	Thurs	HVG	12:00-12:50pm	Jan 7 to Mar 25	\$110.55	\$147.40
Circuit Training 1	Thurs	HVG	1:00-1:50pm	Jan 7 to Mar 25	\$108.41	\$144.55
Tai Chi Fit	Thurs	HVG	2:00-2:50pm	Jan 7 to Mar 25	\$110.55	\$147.40
Ageless Yoga	Thurs	HVG	3:00-3:50pm	Jan 7 to Mar 25	\$110.55	\$147.40
Tai Chi 1	Thurs	HVG	7:00-7:50pm	Jan 7 to Mar 25	\$110.55	\$147.40
Yoga - Chair	Fri	HVG	10:00-10:50am	Jan 7 to Mar 25	\$110.55	\$147.40

Winter Active Living Registration

Mark your calendar!

Online registration for Winter classes opens

Tuesday, December 1st at 7:00am

Registration forms can be dropped off in Acton & Georgetown for manual registration starting

Monday, November 16th.

Registering ONLINE?

BRAVO, remember to make sure your Hillsview membership is active and on your registration account!

If you are not sure, check with STAFF.

Active Living Class Descriptions

Ageless Yoga

Yoga targeting active agers! This class is designed to improve flexibility, strength, and overall wellbeing through breath training, meditation and postures. **Yoga mats are available if required.**

Ageless Pilates

This gentle Pilates class is designed for active agers and focuses on improving strength, flexibility, balance, and overall well-being. Most exercises are in the laying down position.

Balance & Stretch

Balance is a key element of everyday movement and fall prevention. Join us for a class dedicated to developing stationary and functional balance through seated core work and stretching.

Bone Builder

A resistance training class focused on strengthening the spine and hips for those with osteoporosis.

VIRTUAL Bone Builder

Same great class, online!

Cardio & Strength

This class addresses daily functional fitness (strength, flexibility and balance) and includes a 20-minute focus on critical cardiovascular conditioning/stamina exercises.

Circuit Training 1

In this class, aerobic and strength exercises are performed in a time-based circuit to target different muscle groups.

Dance Fitness

This program combines different dance styles that are easy to follow and fun to do. Get strong and have fun while doing it!

Easy Does It

This class offers a gentle combo of chair exercises, walking, stretching and circulatory exercise.

Line Dance 1, 2, & 3

Enjoy a fun, energetic workout while learning line dances in a welcoming environment. Programs are offered for beginner, experienced, and intermediate dancers.

No partner required.

Wear soft-soled shoes.

Mindful Meditation

This seated class focuses on yogic breath, thoughtful meditation and simple body movements to open the major joints and relax muscles.

Qi Gong

This healing Chinese practice employs coordinated, gentle breathing and a slow repetition of fluid movement to create a calm, mindful state of awareness through exercise.

Tai Chi Fit

A newer class blending traditional Tai Chi flow movements and modern fitness for improved balance, strength and energy. Suitable for all levels.

Tai Chi 1, & Tai Chi 2

Try Tai Chi 1 to learn a sequence of slow, graceful movements which may improve circulation, coordination, balance and concentration. Try Tai Chi 2 if you're a seasoned participant.

Yoga Chair

This is a modified form of yoga that is practiced sitting in a chair and/or standing using a chair to make traditional poses more accessible. The focus of this class is building strength and flexibility while improving balance.

WalkFit

An indoor self-guided walking program for all seasons. Both arenas are fully accessible. For more information contact Sandy Rahn at 365-355-7341 or email at sandyr@haltonhills.ca

Walk This Way

Join this instructor led program for a moderate paced cardio pumping walk that's good for your muscles, your mind, and your mood!

Core & Floor

Learn safe and effective ways to get up and down from the floor. This class lays the foundation for safe movement and a strong body through core strengthening (abdominals, back, and glutes) and posture improvement. Please bring a towel. **A mat will be provided as most exercises are in the laying down position.**

TIME (Together In Movement and Exercise)

TIME is an exercise program for people who have balance and mobility challenges resulting from conditions such as stroke, multiple sclerosis, acquired brain injury, or are recuperating from a hospital stay.

- Days: Monday & Thursday (9 week sessions)
- Offered: Fall, Winter, Spring

Completed Referral form required for participation!

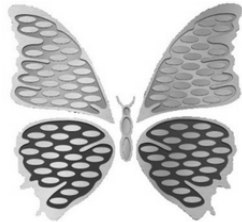
Please call 905-873-2601 ext. 2360 for more information.

Opportunities for Giving

Why not pick a Hillsview Centre when donating or choosing a charity of choice?

GEORGETOWN Butterfly Wall

A wonderful gift to celebrate accomplishments, birthdays, and anniversaries for members, families and friends. One way to sustain the memory of a loved one who has passed is through the purchase of a plaque for our Butterfly Wall.



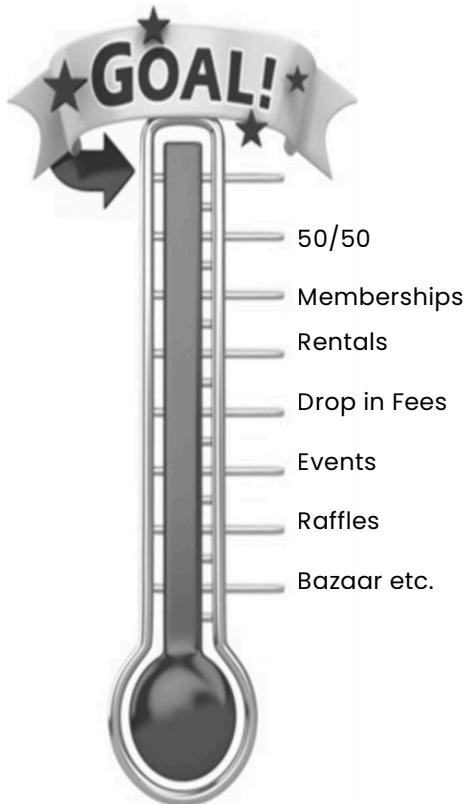
For a donation of \$300.00 or more, your loved one(s) who you wish to celebrate, will be prominently and permanently recognized on the donor "Wall of Honor", located in the main hallway area of the Centre. Their plaque will have their name and a personal message placed on it.

ACTON Tree of Hope

A wonderful way to celebrate the accomplishments, birthdays and/ or anniversary of a special someone as well as to sustain the memory of a loved one who has passed, is through the purchase of a Tree of Hope leaf. Our new Tree of Hope has been completed and installed. The tree and the leaves were designed by local artist Doris Treleaven. Leaves can be purchased for \$100.00 each.



Here is how we reach our FUNDRAISING goal



WHY DO WE FUNDRAISE?

The Hillsview Active Living Centres must support 25% of the Operating costs for each Centre.

"IT ALL COMES BACK TO YOU"

With this in mind, please consider supporting the Centres as your "Charity of Choice" throughout the year. Choices of memoriam available are through designating contributions in your or your loved one's obituary or possibly leaving your legacy gifts to the Centre. The Centre is a registered charitable organization, and all donations of \$20.00 or more, are eligible for a tax receipt.

Online Donating

Donate Once or Monthly on Our Centre Website.

In just a few minutes, you can make a difference supporting the Hillsview Active Living Centres. Visit our website www.haltonhills.ca/50Plus then visit Get Involved, click Supporting the Centres, click the Orange Donate Now button at bottom of page.

Pay for your donation using your credit card.

Your tax receipt will be e-mailed to you right away and your donation will be delivered to the charity you chose right away. The first step is getting started today and make Hillsview Active Living Centre Georgetown or Acton your charity of choice.

www.canadahelps.org

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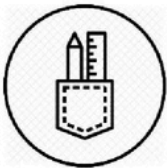
"SOLVING OUR COMMUNITY'S
PLUMBING PROBLEMS FOR
OVER 35 YEARS."

905-873-8497



***No Tools? No Time? Honey-Do list out of control?
I'm here to help!***

- ✓ Smaller Household Repairs (*I fix stuff!*)
- ✓ Seasonal Tire Changes

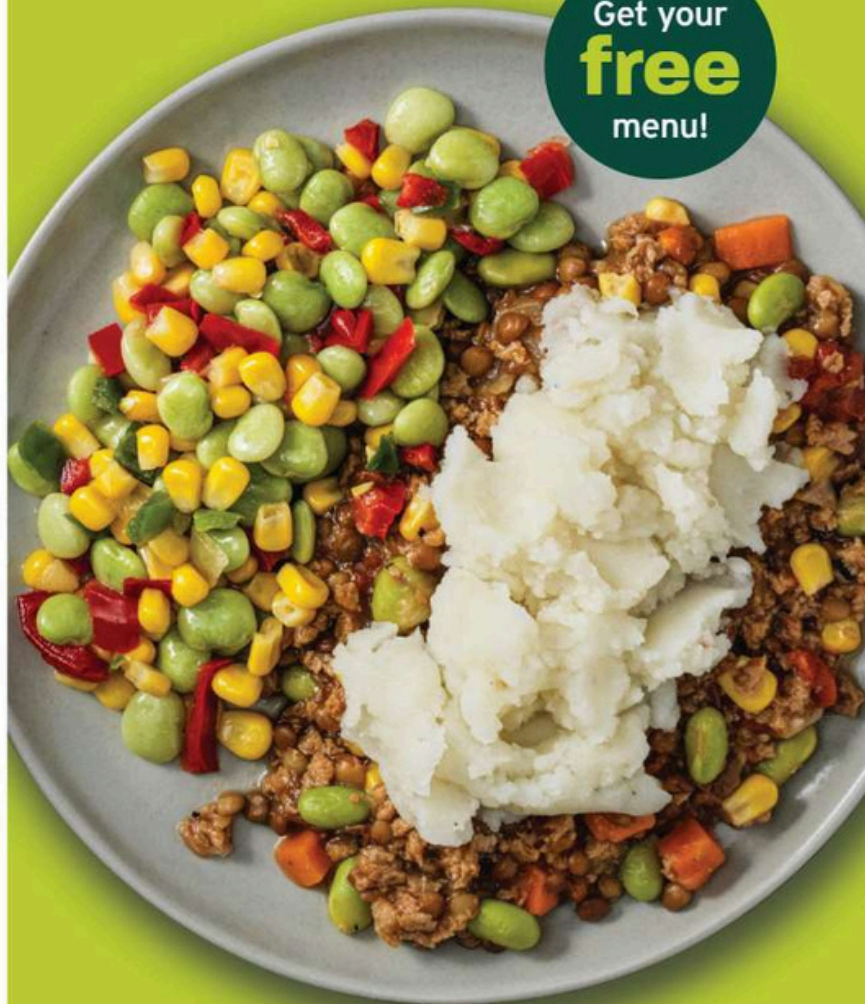


Bob Marsh
Grmpafix@gmail.com
289-839-9364

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MOUNTAINVIEW RESIDENCE

RETIREMENT LIVING IN
GEORGETOWN, ONTARIO

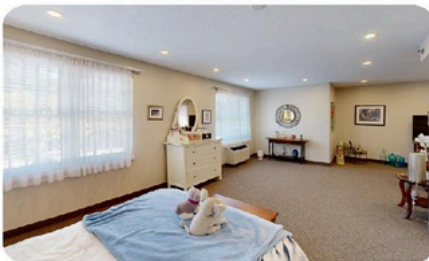
INDEPENDENCE WITH THE COMFORT OF SUPPORTS

Live Well. Feel at Home.

Private accommodations, daily support,
and a warm community designed to help
you enjoy every day with confidence.

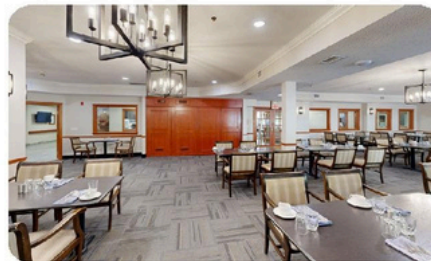
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Comfort, connection and thoughtful support - all in one welcoming place.



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✓ EVERYDAY SUPPORT

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222 Mountainview Road N., Georgetown



MOUNTAINVIEW TERRACE

RETIREMENT LIVING IN
GEORGETOWN, ONTARIO

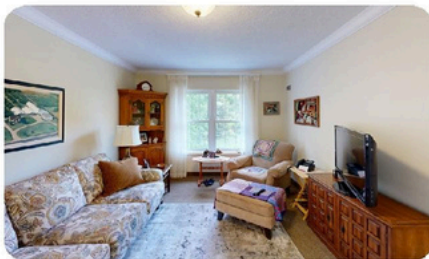
PEACE OF MIND WITH THE COMFORT OF SUPPORTS

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Private suites, modern conveniences,
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independent living on your terms.

Terrace Living

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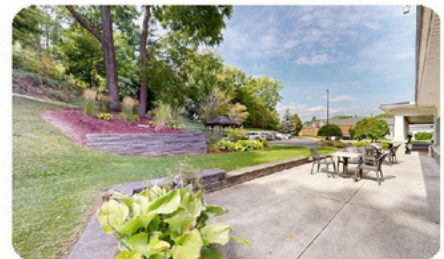
✓ PRIVATE SUITES

Spacious layouts designed
for independent living



✓ EVERYDAY COMFORT

Kitchen and laundry features
for everyday ease



✓ ACTIVE COMMUNITY

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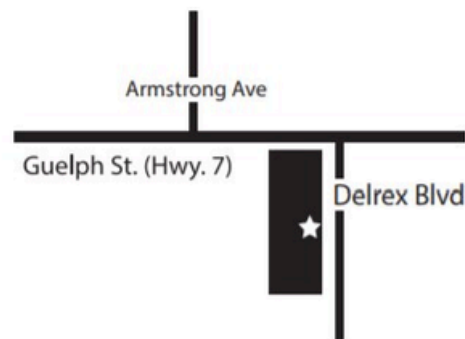
- ✓ Book a free consultation with us today. If you or a family member currently have hearing aids, no matter where they were purchased, bring them in to us, to ensure you are getting the most benefit from them.
- ✓ Try the most advanced digital hearing aids risk-free for 90 days to see if hearing aids can help.
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