



PROCLAMATION

MENSTRUAL HEALTH DAY

MAY 28, 2026

WHEREAS Today, on May 28th, we recognize that 1 in 6 people who menstruate in Canada are affected by period poverty, a reality experienced in our community, in every corner of the province, and across Canada;

AND WHEREAS Menstrual Health Day (MH Day) is a global day of action that was initiated by German non-profit WASH United in 2014 to raise awareness and change how the world perceives menstruation;

AND WHEREAS The Period Purse, a federally registered charity, works nationally to achieve menstrual equity by removing stigma and breaking down barriers to education and access to period supplies in communities across Canada;

AND WHEREAS A Period-Friendly Canada is a Canada where everyone can access the products, education and infrastructure they need to achieve menstrual health. Working together we can end the root causes of period poverty in our community;

THEREFORE, I, Ann Lawlor, Mayor, of the Town of Halton Hills do hereby proclaim May 28, 2026 as **Menstrual Health Day**.

A handwritten signature in black ink that reads "Ann Lawlor".

Ann Lawlor
Mayor, Town of Halton Hills