



Preferred Locations

1. Sportsfields and ball diamonds (parks or schools)
2. Running tracks (schools)
3. Tennis courts
4. Designated areas within Community Parks (per Schedule A of Parks By-law 2005 0040) or school grounds where:
 - a. Turf has been deemed to be safe *Eg maintained turf outside of a sportsfield*
 - b. Hard surface areas that are in good repair and can be clearly sectioned off *Eg Mold-Masters parking lot*
 - c. Maintenance/inspection levels are adequate for the intended activities
 - d. Outdoor fitness program areas can be clearly defined *Eg pylons to designate work out area*
 - e. Equipment used for the program is meant for that purpose *Eg No chin ups on football goals posts*

Preferred Ancillary Facilities

1. Parking
2. Portable toilets or washrooms
3. Facility with hall/multi-purpose space, changerooms and showers to complement programming

Outdoor Fitness Program Must Not Conflict with:

1. Parking areas, roadways or driveways where the safety of the participants is compromised by vehicular traffic. *Eg working out in a parking lot not closed to vehicles*
2. Trails where large groups of participants hinder use by the general public *Eg stopping on Main Street multi-purpose path to stretch/exercise on guardrails*
3. Park facilities open to the general public without a permit:
 - a. Playgrounds
 - b. Splash pads
 - c. Skate parks
 - d. Leash Free Zones
 - e. Trails/pathways
4. Preservation of natural areas not intended for active use by the public *Eg natural areas where grass is not mowed*
5. General use and enjoyment of park spaces by members of the public through excessive noise or impeded access

Obligations of Fitness Camp Operators

1. Secure a permit and necessary insurance
2. Designate area to be used within park through a-board signs, pylons and/or barricades as required by the Town
3. Designate an on-site instructor through name badge or uniform to assist with resident/staff inquiries