

Outdoor Fitness Program Rentals

Preferred Locations

1. Sportsfields and ball diamonds (parks or schools)
2. Running tracks (schools)
3. Tennis courts
4. Designated areas within Community Parks (per Schedule A of Parks By-law 2005 0040) or school grounds where:
 - a. Turf has been deemed to be safe Eg maintained turf outside of a sportsfield
 - b. Hard surface areas that are in good repair and can be clearly sectioned off Eg Mold-Masters parking lot
 - c. Maintenance/inspection levels are adequate for the intended activities
 - d. Outdoor fitness program areas can be clearly defined Eg pylons to designate work out area
 - e. Equipment used for the program is meant for that purpose Eg No chin ups on football goals posts

Preferred Ancillary Facilities

1. Parking
2. Portable toilets or washrooms
3. Facility with hall/multi-purpose space, changerooms and showers to complement programming

Outdoor Fitness Program Must Not Conflict with:

1. Parking areas, roadways or driveways where the safety of the participants is compromised by vehicular traffic. Eg working out in a parking lot not closed to vehicles
2. Trails where large groups of participants hinder use by the general public Eg stopping on Main Street multi-purpose path to stretch/exercise on guardrails
3. Park facilities open to the general public without a permit:
 - a. Playgrounds
 - b. Splash pads
 - c. Skate parks
 - d. Leash Free Zones
 - e. Trails/pathways
4. Preservation of natural areas not intended for active use by the public Eg natural areas where grass is not mowed
5. General use and enjoyment of park spaces by members of the public through excessive noise or impeded access

Obligations of Fitness Camp Operators

1. Secure a permit and necessary insurance
2. Designate area to be used within park through a-board signs, pylons and/or barricades as required by the Town
3. Designate an on-site instructor through name badge or uniform to assist with resident/staff inquiries